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Road Map Travel Guide

Maine United States Highway #1

| MILE | KM | ITEM | SUMMARY | MILE | KM |
|------|------|--|--|------|-------|
| 0.0 | 0.0 | City of Camden | For Travel north via Maine U.S. highway #1, See Milebymile.com - Maine United States Highway #1 Maine Road Map Travel Guide - Lincolnville to Calais for driving directions. | 87.3 | 140.5 |
| 0.0 | 0.0 | City of Camden | North to Camden Hills State Park. Camden Hills State Park is the scenic vista high atop Mt. Battie where sweeping views of Camden, Maine, Penobscot Bay, Maine and surrounding islands await. On a clear day, visitors can see Cadillac Mountain at Acadia National Park. Mt. Megunticook, Maine the highest of the Camden Hills - and highest peak on the mainland - Campering: 107-site camping area includes flush toilets and hot showers; picnic area; rocky shoreline. | 87.3 | 140.5 |
| 0.2 | 0.4 | Junction of highway # 105. | West to community of Hope, Maine, Lincolnville Ctr, Maine, Searsmont, Maine. west access to Lake George State Park Campground. Camping, 38 camping sites, flush toilets, and showers. | 87.1 | 140.1 |
| 1.1 | 1.7 | Services fuel at highway | West side of highway. | 86.3 | 138.8 |
| 1.1 | 1.8 | Services fuel at highway | Gas diesel, west side of highway. | 86.2 | 138.7 |
| 2.1 | 3.3 | Junction of highway # 90 | Community of Rockport, Maine, west to communities of West Rockport, Maine, Warren, Maine,. | 85.3 | 137.2 |
| 5.8 | 9.3 | Roadside turnout State Rest Area | East side of highway. | 81.5 | 131.2 |
| 6.6 | 10.7 | Services fuel at highway | West side of highway. | 80.7 | 129.8 |
| 6.9 | 11.1 | Services fuel at highway | Gas diesel, West side of highway. | 80.4 | 129.4 |
| 7.2 | 11.6 | Junction of highways # 1a & # 17 | West to Augusta, Maine. For travel west via Maine highway # 17 - See Milebymile.com - Maine State #17 Maine Road Map Travel Guide City of Augusta to Rockland for driving directions. | 80.1 | 128.9 |
| 7.4 | 11.9 | City of Rockland, Maine, | City of Rockland. Rockland Harbor and lighthouse making it one of the finest shipping and recreational boating harbors on the East Coast of the United States. Attractions in and around Rockland, Maine: Lincoln Street Center for Arts & Education - Nan Mulford Gallery - Farnsworth Art Museum & Wyeth Center - Maine Lighthouse Museum - Project Puffin Visitor Center - Strand Theatre - | 79.9 | 128.6 |
| 7.4 | 11.9 | City of Rockland, Maine | View of A nearly mile-long granite breakwater that protects Rockland Harbor and lighthouse | 79.9 | 128.6 |
| 7.4 | 11.9 | City of Rockland, Maine | Looking at Rockland across Penobscot Bay, photo taken from breakwater looking west | 79.9 | 128.6 |
| 7.4 | 11.9 | City of Rockland, Maine | Photo taken from breakwater, looking east from Penobscot Bay, Maine. | 79.9 | 128.6 |
| 7.4 | 11.9 | City of Rockland, Maine | Access to Birch Point State Park. Enjoy scenic views of Penobscot Bay, Maine while you picnic or fish. | 79.9 | 128.6 |
| 8.8 | 14.1 | Services fuel at highway | Both sides of highway. | 78.5 | 126.4 |
| 10.8 | 17.4 | Community of Thomaston, Maine | Services fuel at highway. | 76.5 | 123.1 |
| 11.2 | 18.0 | Roadside turnout | Gravel turnout, no services, west side of highway. | 76.1 | 122.5 |
| 11.3 | 18.2 | Services fuel at highway | Gas diesel, west side of highway. | 76.0 | 122.3 |
| 11.6 | 18.6 | Junction of highway # 131 south | East to communities of St George, Maine, Long Cove, Maine, Port Clyde, Maine. | 75.7 | 121.9 |
| 12.3 | 19.8 | Thomaston, Maine - Photo Thomaston Maine business district | | 75.0 | 120.7 |
| 12.6 | 20.2 | Access to picnic area | Picnic tables, east side of highway. | 74.8 | 120.3 |
| 12.7 | 20.5 | Access to Campground R V Park | East of highway 1.5 miles. | 74.6 | 120.0 |
| 12.9 | 20.8 | Roadside turnout | Large paved turnout, no services, east side of highway. | 74.4 | 119.7 |
| 13.0 | 20.9 | View from highway | Driving south. | 74.3 | 119.6 |
| 13.4 | 21.5 | Junction of highway # 131north | Access to community of Union, Maine. | 73.9 | 119.0 |
| 14.2 | 22.8 | Community of South Warren, Maine | | 73.1 | 117.7 |
| 14.2 | 22.9 | View from highway | Driving south. | 73.1 | 117.6 |
| 14.4 | 23.2 | Junction of highway # 97 | South to communities of Cushing, Maine, Friendship, Maine. | 72.9 | 117.3 |
| 17.4 | 28.0 | Services fuel at highway | West side of highway. | 69.9 | 112.5 |
| 17.6 | 28.4 | Junction of highway # 97 north | North to West Rockport, Rockport. | 69.7 | 112.1 |
| 18.1 | 29.1 | View from highway | Driving south. | 69.2 | 111.4 |
| 19.6 | 31.6 | Access to Lodging | East side of highway. | 67.7 | 108.9 |

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| 20.0 | 32.2 | Lincoln County Line | <p>Pownalborough was the original shire town named for Thomas Pownal, who served as Colonial Governor of Massachusetts from 1757 to 1769. Lincoln County received its name in compliment to Governor Pownal who was born in Lincoln, England.</p> <p>Marine interests such as commercial fishing, lobstering, clamming, eeling, boat building along with forestry and agriculture constituted the majority of the early economic base.</p> | 67.3 | 108.3 |
| 22.1 | 35.5 | Junction of highway # 235 - Community of Waldoboro. | <p>West to communities of Union, West Union. Waldoboro was settled by German immigrants in 1740 because Samuel Waldo claimed that the region was a thriving area. Instead, they found a very hard life in an undeveloped portion of Maine's wilderness. The Old German Meeting House is still a reminder of the history. It has a nearby cemetery which contains the graves of many of the earliest settlers. Waldoboro was incorporated in 1773. It is at the head of the Medomak River tidewater on Muscongus Bay. During the 19th century it became a busy shipbuilding community. Between 1830 and 1860 the river was lined with shipyards.</p> | 65.2 | 105.0 |
| 23.5 | 37.8 | Junction of highway # 220 | <p>North to communities of North Waldoboro, Maine, Stickney Corner, Maine, Washington, Maine. South to Friendship, Maine.</p> | 63.8 | 102.7 |
| 23.7 | 38.2 | Waldoboro, Maine, business area | <p>Services, gas diesel at highway, east side</p> | 63.6 | 102.3 |
| 24.0 | 38.6 | Junction of highway # 32 | <p>Services fuel at highway. South to Fort William Henry, Maine, Pemaquid Point, Maine.</p> <p>The Friends of Colonial Pemaquid welcome you to Colonial Pemaquid, a National Historic Landmark, owned by the State of Maine, where you will find more than a wonderful view of the Atlantic Ocean, Pemaquid Harbor, Maine and Johns Bay, Maine.</p> <p>Colonial Pemaquid is situated on a point of land at the mouth of the Pemaquid River in the town of Bristol. Extensive archaeological excavations have unearthed 14 foundations of 17th- and 18th-century structures and the officers' quarters for Fort William Henry and Fort Frederick. A museum displays hundreds of artifacts found on the site.</p> | 63.3 | 101.9 |
| 24.2 | 39.0 | Services fuel at highway | <p>Gas diesel, west side of highway.</p> | 63.1 | 101.5 |
| 25.9 | 41.6 | View from highway | <p>Driving south.</p> | 61.5 | 98.9 |
| 26.5 | 42.6 | Community of Nobleboro, Maine | <p>Nobleboro, once known as Walpole, was settled in 1788. Nobleboro was named after Lieutenant Colonel Arthur Noble, commander of the second Massachusetts Regiment in 1745 during the siege and fall of the fortress of Louisburg on Cape Breton Island. He was commander of many men from the Province of Maine. Nobleboro touches Duck Puddle Pond, Pemaquid Lake and Damariscotta Lake where camping and fishing are greatly enjoyed.</p> | 60.8 | 97.9 |
| 28.5 | 45.9 | Nobleboro Business District | <p>West of highway.</p> | 58.8 | 94.6 |
| 30.0 | 48.3 | Access to Campground R V Park | <p>East of highway 3.5 miles.</p> | 57.3 | 92.2 |
| 30.8 | 49.6 | View from highway | <p>Driving south.</p> | 56.5 | 90.9 |
| 30.9 | 49.7 | Community of Damariscotta, Maine | <p>Damariscotta was named by the Abnaki Indians and means 'plenty of alewives'. Massive shell heaps along the river are monuments to the 2,000 years Maine's original inhabitants, who harvested oysters and gathered for great feasts along the Damariscotta estuary. Damariscotta was deeded to John Brown in 1625 by the Indian sachem Samoset and incorporated in 1847. A fine example of a Greek Revival church sits at the top of Main Street, The Chapman-Hall House, its oldest building, was built in 1754.</p> | 56.4 | 90.8 |
| 31.4 | 50.6 | Access to route #1 business highway | <p>East of highway.</p> | 55.9 | 89.9 |
| 32.7 | 52.6 | View from highway | <p>Driving south.</p> | 54.6 | 87.9 |

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| 33.4 | 53.8 | Junction of highway # 215 | West to communities of Newcastle, Maine, Damantiscota Mills, Maine. Newcastle, Maine, is on the west bank of the Damariscotta River and was named for the Duke of Newcastle. It was once part of the territory governed by the Duke of York and known as the town of Dartmouth or Sheepscot, a settlement that flourished until it was destroyed by the French and Indians. The village of Sheepscot, Maine, boasts many fine Federalist and Colonial houses. While in Newcastle, Maine, one should visit St. Patrick's Catholic Church, the oldest Roman Catholic church in New England, built in 1808. | 53.9 | 86.7 |
| 33.6 | 54.1 | View from highway | Driving south. | 53.7 | 86.4 |
| 34.9 | 56.2 | Access to community of Newcastle, Maine, | East of highway. | 52.4 | 84.3 |
| 35.3 | 56.8 | Services fuel at highway | West side of highway. | 52.0 | 83.7 |
| 37.3 | 60.0 | Roadside turnout State Rest Area | East side of highway. | 50.0 | 80.5 |
| 38.5 | 61.9 | Access to Lodging | West side of highway. | 48.8 | 78.6 |
| 39.5 | 63.5 | Junction of highway # 27 east | East to communities Of Edgecomb & Boothbay Harbor. Edgecomb was incorporated in 1774. Edgecomb was once home of the Wawenocks. Fort Edgecomb, an octagonal, wooden, two-story blockhouse was built in 1808 to protect Wiscasset's seaport. It is one of the most well-preserved fortifications of the period, and is open to the public. Boothbay Harbor was incorporated in 1764 as part of Boothbay. It is a busy tourist and fishing community with one of the finest natural harbors on the Maine coast. Visitors have many choices for accommodations. While in Boothbay Harbor, visitors can choose from several scenic boat rides and fishing trips, visit the art galleries, antique shops, theaters and the State Marine Aquarium at McKown Point. | 47.8 | 77.0 |
| 39.6 | 63.8 | Access to Visitor Information Center - Photo highwat sign | Information for Boothbay and region. | 47.7 | 76.7 |
| 39.8 | 64.1 | View from highway | Looking at the community of Wiscasset, Maine, across the bay. | 47.5 | 76.4 |
| 40.5 | 65.1 | Access to Fort Edgecomb, Maine, State Historic Site | Esat of highway. The fort was built to protect picturesque Wiscasset, Maine, once the most important shipping center north of Boston. This octagonal 1808 blockhouse and restored fortifications overlook the Sheepscot River, Maine, where harbor seals and osprey are often seen. | 46.9 | 75.4 |
| 40.5 | 65.2 | View from highway | Driving south. | 46.8 | 75.3 |
| 41.1 | 66.2 | Junction of highway # 218 | Wiscasset, Maine, busines district. Wiscasset was settled in 1663 on the tidal waters of the Sheepscot River, Maine. This now peaceful deep-water port had been a major hub of commerce for the emerging State of Maine in the late 1600's to early 1700's. The old Custom House built in 1791 still stands. The Lincoln County Courthouse was built in 1824 and is the oldest working courthouse in New England. There are many other fine examples of federal architecture including the Nichols-Sortwell House(1807) and Castle Tucker (1807). Wiscasset has several restaurants, many gift shops and antique stores. | 46.2 | 74.3 |
| 41.5 | 66.8 | Junction of highway # 27 west | West to the communities of Dresden, Maine, Dresden Mills, Maine, East Pittston, Maine. Dresden, Maine, was settled by German immigrants in the 18th century and originally named Frankfort. In 1760, the town was known as Pownalborough after the Governor of Boston, Thomas Pownal. In 1794 it was incorporated as Dresden. The Pownalborough Court House (1761) still stands and is open to visitors. John Adams once practiced there. In the 19th century ice was harvested at Dresden and shipped all over the world. | 45.8 | 73.7 |
| 41.6 | 67.0 | Services fuel at highway | East side of highway. | 45.7 | 73.5 |
| 44.1 | 70.9 | Access to Lodging | East side of highway. | 43.2 | 69.6 |
| 44.2 | 71.2 | Services fuel at highway | Gas diesel,west side of highway. | 43.1 | 69.3 |
| 44.7 | 71.9 | Junction of highway # 144 | Access to Community of Westport, Maine, east of highway. Westport, incorporated in 1828, is an island community located on the Sheepscot River. The island is 11 miles long. It was known as Jeremy Squam Island to the Indians and early settlers. John Richards bought the island from Robinhood, a Sagamore Indian, in 1649. Settled in 1735, the island has been mostly a fishing community. Doggett's Castle, on the western bank of the river, is where Captain Samuel Doggett moored his ship, the Dolphin, while trading with the Indians. | 42.6 | 68.6 |

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| 45.1 | 72.5 | Roadside turnout | Large gravel turnout, no services, east side of highway. | 42.3 | 68.0 |
| 47.0 | 75.6 | View from highway | Driving south. | 40.3 | 64.9 |
| 49.6 | 79.8 | View from highway | Driving south. | 37.7 | 60.7 |
| 50.5 | 81.2 | Junction of highway # 127 west | West to communities of Dresden, Maine, Dresden Mills, Maine, Augusta, Maine. Services fuel, gas diesel. | 36.8 | 59.3 |
| 51.0 | 82.1 | Community of Bath, Maine, | Nestled along the sparkling Kennebec River, Maine, Bath's recorded maritime history began only 12 miles down the Kennebec when 400 years ago the first ship built by settlers in the New World was launched. Shipyards once lined the river's edge and Bath-built vessels sailed the seas of the world. | 36.3 | 58.4 |
| 51.3 | 82.6 | View from highway | Access to downtown historic Bath, Maine. | 36.0 | 57.9 |
| 51.8 | 83.4 | Services fuel at highway | Gas diesel, both sides of highway. | 35.5 | 57.1 |
| 52.0 | 83.7 | Services fuel at highway | Gas diesel, both sides of highway. | 35.3 | 56.8 |
| 54.0 | 86.9 | New Meadows Road | Access to community of West Bath, Maine. | 33.3 | 53.6 |
| 54.1 | 87.1 | Point of Information - Photo Meadows River highway sign | Crossing the New Meadows River, Maine. | 33.2 | 53.4 |
| 54.6 | 87.9 | View from highway | Driving south. | 32.7 | 52.6 |
| 56.7 | 91.2 | Cook's Corner | Access to highway # 24, access to Brunswick, Maine. | 30.6 | 49.3 |
| 58.7 | 94.4 | Junction of highway # 196 | Access to highway # 24 & Interstate # 295. | 28.6 | 46.1 |
| 59.5 | 95.8 | Access to highway # 201 & highway # 24 | Access to communities of Topsham, Maine, Lewiston, Main. Access to Peacock Beach State Park. A small beach and swimming area staffed with a lifeguard make this an ideal spot for a family picnic. Facilities 100 acres; small beach and swimming area with a lifeguard; picnicking | 27.8 | 44.7 |
| 60.1 | 96.7 | City of Brunswick, Maine - Welcome to Brunswick | Access to highway # 24. Brunswick, Maine is the home of Naval Air Station, Brunswick and Bowdoin College. | 27.2 | 43.8 |
| 60.7 | 97.7 | Services fuel at highway | West side of highway. | 26.6 | 42.8 |
| 61.1 | 98.3 | Services fuel at highway | Gas diesel. | 26.2 | 42.2 |
| 61.6 | 99.1 | Access to Interstate # 295 | West of highway. | 25.7 | 41.4 |
| 62.0 | 99.7 | Roadside turnout | Large gravel turnout, no services, east side of highway. | 25.4 | 40.8 |
| 64.3 | 103.5 | View from highway | Driving south. | 23.0 | 37.0 |
| 66.9 | 107.6 | Access to Interstate # 295 | West of highway. | 20.4 | 32.9 |
| 68.0 | 109.5 | Access to Bed and Breakfast. | | 19.3 | 31.0 |
| 68.5 | 110.3 | Junction of highway # 125 & # 136 | West to communities of Lisbon Falls, Maine, Durham, Maine. Access to Interstate # 295. | 18.8 | 30.2 |
| 68.9 | 110.8 | Community of Freeport, Maine, | Incorporated 1789, access to local information center, east of highway. Free R V and car parking east of highway. Freeport is a village rich with history, much of which is preserved for enjoyment today. Freeport was founded in 1820 and folklore credits Freeport with being 'the birthplace of Maine'. It was in Freeport at Jameson Tavern that many meetings were held, where colonists debated a separation movement from Massachusetts. | 18.5 | 29.7 |
| 70.2 | 113.0 | Access to Interstate # 295 | Services fuel at highway, west side. | 17.1 | 27.5 |
| 70.5 | 113.4 | Access to Lodging | Both sides of highway. | 16.8 | 27.1 |
| 71.9 | 115.7 | Access to Lodging | East side of highway. | 15.4 | 24.8 |
| 74.0 | 119.1 | State of Maine Visitor Information Center | West side of highway, all services, very informative staff. | 13.3 | 21.4 |
| 74.3 | 119.5 | Access to Interstate # 295 | West of highway. | 13.0 | 21.0 |
| 74.4 | 119.8 | Junction of highway # 88 | East to communities of Falmouth, Maine, east to Mackworth Island, Maine. Mackworth, an island of approximately 100 acres, connected to Falmouth, Maine, by a causeway at the mouth of the Presumpscot River, Maine. The 1 ¼ mile trail that encircles the island takes about an hour to complete at a leisurely pace and visitors are treated to stunning views of Casco Bay and Portland, Maine. Along the way, stop to watch boats and ferries motor though the Atlantic waters while seagulls, osprey and shorebirds glide overhead as they search for food. | 12.9 | 20.7 |
| 74.5 | 119.9 | Services fuel at highway | Gas diesel. | 12.8 | 20.6 |
| 75.3 | 121.2 | Junction of highway # 115 (Main Street) | West to Yarmouth, Maine, West Yarmouth, Maine, Gray, Maine. | 12.0 | 19.3 |

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| 75.7 | 121.9 | Community of Yarmouth, Maine Photo - Yarmouth welcome highway sign | Yarmouth, Maine, a town with a population of about 8,500 people, is located in southern Maine, about 15 miles (24km) north of Portland, Maine,. The town is located on the coast of Casco Bay, a popular recreation and fishing area. The town is home to both businesspeople who work in Portland and fishermen who work on the bay. The town's architecture reflects its rich history, dating back to the 1600's. The town was home to several shipyards during the 1800's and then a paper mill in the early 1900's. Today the town is mostly residential with some shops and businesses. | 11.6 | 18.6 |
| 76.0 | 122.3 | Services fuel at highway | | 11.3 | 18.2 |
| 76.3 | 122.8 | Access to Interstate # 295 | West of highway. | 11.0 | 17.7 |
| 78.4 | 126.2 | View from highway | Driving south. | 8.9 | 14.3 |
| 80.7 | 129.8 | Access to Maine Turnpike - Interstate # 295 | West of highway. | 6.6 | 10.7 |
| 81.2 | 130.6 | Buckway Road | Services gas diesel, both sides of highway. | 6.2 | 9.9 |
| 81.9 | 131.8 | Services fuel at highway | West side of highway. | 5.4 | 8.7 |
| 82.3 | 132.5 | Access to highway # 88 | East access to Falmouth, Maine and Foreside, Maine. East to Mackworth Island, Maine. | 5.0 | 8.0 |
| 83.8 | 134.8 | City of Portland, Maine | Northern city limits. Nestled between Maine's forest-covered mountains and spectacular rugged coast, Portland is a rough-hewn gem of New England. Unspoiled landscapes, beautiful vistas, succulent lobster, stately lighthouses, outdoor adventures, exceptional shopping, the list goes on. In the Casco Bay region of Greater Portland to Freeport you'll find it all within a 15 mile radius surrounding the state's largest city - Portland. | 3.5 | 5.7 |
| 84.8 | 136.4 | Exit # 9 - Junction of highway # 26 | City of Portland, Maine. Attractions in and around Portland, Maine: Bayview Gallery - Greenhut Galleries - Children's Museum of Maine - Portland Harbor Museum - Portland Museum of Art Portland Symphony. | 2.5 | 4.1 |
| 86.5 | 139.2 | View from highway | Looking at the city of Portland, Maine, downtown district. | 0.8 | 1.3 |
| 86.9 | 139.8 | Junction of highway # 302 & 100 | West to Sebago Lake, west to Sebago State Park, via highway # 302. Sebago Lake State Park opened to the public in 1938 as one of the five original state parks. Swimming, sport fishing, camping and boating are some of the summer activities enjoyed by visitors. The park's 250-site campground is a popular destination for family vacationers with boat ramp, and bathhouses; 250-site camping area; flush toilets; hot showers. | 0.4 | 0.7 |
| 87.3 | 140.5 | State Street | Access to downtown Portland, Maine, business district, access to Interstate # 295. | 0.0 | 0.0 |
| 87.3 | 140.5 | Start / Finish of Highway Travel Guide - el | For continuance of highway # 1 south, see Milebymile.com - Maine United States #1 Maine Road Map Travel Guide City of Portland to Maine / New Hampshire State Line - City of Portsmouth New Hampshire. | 0.0 | 0.0 |