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Road Map Travel Guide

Newfoundland and Labrador Highway #1 "Trans-Canada Highway"

MILE	KM	ITEM	SUMMARY	MILE	KM
0.0	0.0	Junction of Highway #430 (The Viking Trail)	Community of Deer Lake, NL. West to Squires Memorial Provincial Park campground. West to community of Rocky Harbour, NL. West to Gros Morne National Park, NL. South to Port-aux-Basques, NL. For highway travel west via Newfoundland Highway #430 - The Viking Trail) See Milebymile.com Road Map Highway Travel Guide - Deer Lake, NL to Rocky Harbour, NL. for driving directions and highway photos.	171.6	276.2
0.0	0.0	Highway #430 The Viking Trail	The Viking Trail begins at the town of Deer Lake, NL; located along the Trans Canada Highway (route 1). As you head north on the Viking Trail towards St. Anthony you will pass through Gros Morne, NL. National Park. Continuing north towards St. Anthony, NL; you pass by Port Saunders, NL. Here you can take a short 15 km detour towards Port au Choix, NL. National Historic Site. From Port Saunders continue on the Viking Trail to the junction with route 436, about 20 km before St. Anthony, NL. Follow route 436 for 30 km to L'Anse aux Meadows, NL. National Historic Site. At the tip of the Great Northern Peninsula of the island of Newfoundland, the remains of an 11th-century Viking settlement are evidence of the first European presence in North America. The excavated remains of wood-framed peat-turf buildings are similar to those found in Norse Greenland and Iceland	171.6	276.2
5.7	9.2	Point of Interest	Crossing the Junction Brook	165.9	267.0
17.4	28.0	Junction of Highway #401	South to community of Howley, NL.	154.2	248.2
27.3	43.9	Junction of Highway #420	North to communities of Hampden, NL, Jackson's Arm, NL.	144.4	232.3
27.4	44.1	Point of Information	Crossing Jottahamma Creek	144.2	232.1
35.7	57.5	Campground	North side of highway	135.9	218.7
36.1	58.1	Point of Interest	Sandy Lake, NL, north side of highway.	135.5	218.1
36.6	58.9	Sandy Lake Campground	North side of highway.	135.0	217.3
36.6	58.9	Birchy River Campground	South side of highway	135.0	217.3
37.1	59.7	Point of Interest	Crossing Birchy Narrows, NL.	134.5	216.5
39.1	62.9	Point of Interest	Birchy Lake, NL, north side of highway.	132.5	213.3
47.3	76.1	Point of Interest	Crossing the Sheffield River, NL.	124.3	200.1
47.4	76.2	Fort Birchy Campgrounds	North side of highway elec hookups, showers, restaurant. Mile by Mile staff stayed here, good campground great food.	124.3	200.0
59.9	96.4	Junction of Highway #410 (The Dorset Trail)	Services at highway, fuel. North to community of Baie Verte, NL. The Baie Verte Peninsula, NL, is a 'rock hounds' dream. Visit the Baie Verte Miners Museum located at the site of the old Terra Nova copper mine (12km north on Route 410) and learn about our mining history and the geological formations of the region. Then take in the three self-guided Geology Tours (brochures available) which will lead you through most of the region.	111.7	179.8
60.9	98.0	Community of Shepardsville, NL.	South of highway.	110.7	178.2
69.7	112.1	Community of Green Bay, NL.	Access from highway	102.0	164.1
71.2	114.5	Point of Interest	Indian Brook, north side of highway	100.5	161.7
71.9	115.7	Indian River Park	North side of highway	99.7	160.5
73.0	117.4	Junction of Highway #390, (photo) Town of Springdale, NL.	Municipal Visitor Information Centre at Highway. Access to R.C.M.P. Detachment. North to town of Springdale, all services. North to George Huxter Memorial Park campground 8 kms. The park offers 22 unserviced camping sites, each equipped with a picnic table and fire pit. Other available services include an enclosed picnic area pit toilets, and a playground for small children. The various lookouts can provide you with an excellent view of the Falls.	98.7	158.8
73.0	117.4	Services at highway with information sign	North side of highway	98.7	158.8
110.9	178.5	Access to Springdale, NL. Air Strip	East side of highway.	60.7	97.7
115.2	185.4	Services at highway	Fuel, diesel. Picnic table	56.4	90.8
115.6	186.1	Point of Interest	Crossing West Brook	56.0	90.1
117.6	189.2	Goodyear Cove Campground	North side of highway	54.1	87.0

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118.3	190.3	Junction of Highway #380	Community of South Brook, NL. Services at highway. West to communities of Robert's Arm, NL, Triton, NL. Access to Long Island Ferry, NL. Robert's Arm, NL, lies beside Crescent Lake. Robert's Arm is unique because of what lives in this exquisite Lake. The town has its very own monster, known as 'Cressie' , Green Bay's Loch Ness Monster.	53.4	85.9
118.8	191.2	Eddie,s Motel and Petting Farm	West side of highway	52.8	85.0
119.5	192.3	Kona Beach Park Campground	West side of highway	52.1	83.9
131.5	211.6	Roadside Highway Turnout	Gravel turnout, both sides of highway	40.1	64.6
145.3	233.9	Catamaran Park Campground	East side of highway	26.3	42.3
151.2	243.4	Junction of Highway #370	Community of Badgers, NL. West to communities of Buchans Junction, NL, Buchans, NL.	20.4	32.8
157.5	253.5	Point of Interest	Crossing Aspen Brook, NL.	14.1	22.7
158.3	254.8	Roadside Highway Turnout	Large turnout. South side of highway	13.3	21.4
161.4	259.8	Campground with Water Slide Park	West side of highway	10.2	16.4
163.5	263.1	View from highway	Driving east	8.1	13.1
165.7	266.7	Point of Interest	North corporate limits of Grand Falls-Windsor, NL. Attractions in and around Grand Falls-Windsor, NL. Salmonid Interpretation Centre - Mary March Provincial Museum - Loggers' Life Provincial Museum - Red Indian Adventures.	5.9	9.5
167.2	269.1	Campground	North side of highway	4.4	7.1
168.3	270.8	Exit #17	Access to Town of Grand Falls-Windsor, NL.	3.4	5.4
169.5	272.8	Exit #18 a&b	Access to Grand Falls-Windsor, NL.. Services at highway.	2.1	3.4
171.6	276.2	Exit #20	Access to Grand Falls-Windsor, NL.. South to city of Gander, NL. West to Deer Lake, NL. Start / Finish of Highway Travel Guide, for continuance of this highway see milebymile.com - Section #3 Grand Falls-Windsor to Highway #230 - The Discovery Trail Scenic Drive.	0.0	0.0