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Road Map Travel Guide

Nova Scotia Highway #104 "Trans Canada Highway"

MILE	KM	ITEM	SUMMARY	MILE	KM
0.0	0.0	Junction of Highway #106 Trans Canada Highway To Prince Edward Island	Exit #22. East to town of New Glasgow, NS 5 kms. East to Cape Breton Island and the Cabot Trail Scenic Drive Route. West to city of Truro, NS. North to Town of Pictou, NS, community of Caribou & the Prince Edward Island Ferry Terminal. Caribou/Munroes Island Provincial Park. The park is open from mid-June until mid-October offering a 92-site campground, picnic areas, and an unsupervised beach. There is a walking trail along the beach out to the Island.	102.7	165.2
2.2	3.5	Exit #23	Access to highway #289. South to community of Westville, NS. - Westville, NS was founded in 1894, Westville has a long history of coal mining dating back to 1864 when coal was first discovered.	100.5	161.7
3.2	5.1	Exit #24	North to town of New Glasgow, NS; all services. New Glasgow. It is situated on the banks of the East River, NS. Attractions in and around New Glasgow, NS: Carmichael-Stewart House Museum - Pictou County Military Heritage Museum Artifacts include uniforms, rank badges, model planes, ships crests and numerous pictures from Pictou County's military past - Pictou County Sports Heritage Hall of Fame - New Glasgow Music Jubilee - Race on the River Dragon Boat Festival - Festival of the Tartans - New Glasgow Christmas Parade - Nova Scotia Music Week.	99.5	160.1
3.7	6.0	Exit #25	Access to highway #348, North to New Glasgow, NS, airport	98.9	159.2
6.8	11.0	Exit #26	Access to highway #347. South to community of Thorburn, NS.	95.8	154.2
8.4	13.5	Photo	View from highway	94.3	151.7
11.4	18.4	Exit 27a	Visitor Information Centre, east side of highway. North to highway #245, The Sunrise Trail Scenic Drive Route.	91.2	146.8
11.6	18.6	Point of Interest	Crossing the Sutherland River, NS	91.1	146.6
15.2	24.5	Point of Interest	Crossing the French River, NS	87.4	140.7
23.6	37.9	Photo	View from highway	79.1	127.3
23.6	38.0	Exit #29	Access to highway #4. North to community of Avondale, NS. South to community of Barneys River, NS.	79.0	127.2
27.3	43.9	Exit #29a	North to community of James River, NS.	75.4	121.3
28.5	45.8	Point of Interest	West boundry of county of Antigonish, NS	74.2	119.4
31.3	50.4	Exit #30	Access to highway #4. North to community of James River	71.3	114.8
37.0	59.5	Exit 31a	Access to Highway #4. North to community of Brierly Brook	65.7	105.7
38.2	61.5	Exit #31	Access to highway #4	64.4	103.7
38.8	62.4	Exit #32 Junction of Highway #7	Nova Scotia Provincial Visitors Information centre. South to communities of Melrose, Sherbrooke. North via highway #245 to community of Arisaig. Arisaig Provincial Park was established to protect the fossil beds found in the cliffs over looking its pebbly beach. Park offers interpretive trails, picnic tables and vault toilets.	63.9	102.8
39.5	63.6	Exit #33	Access to highway #337 (The Sunrise Scenic Drive Route). North to community of Antigonish, NS; all services.	63.1	101.6
41.5	66.8	Exit #34	Access to highway #4. North to community of Antigonish, NS: Antigonish is the home of the oldest continuously run Highland Games in North America. Other attractions in Antigonish, NS: Antigonish Heritage Museum - Saint Francis Xavier University - Festival Antigonish Summer Theatre.	61.1	98.4
43.6	70.2	Exit #35	Access to highway #316. South to community of Goshen, NS	59.0	95.0
48.7	78.4	Point of Interest	Crossing the Pomquet River, NS.	53.9	86.8
49.9	80.3	Exit #36	North to community of Bayfield, NS. Pomquet Beach Provincial Park On the shore of St. Georges Bay, this 3 km beach features the best example of dune succession in Nova Scotia and a supervised swimming area. Boardwalks, flush toilet, change houses, and interpretive display are on site. South to community of Heatherton, NS	52.8	84.9

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Road Map Travel Guide

50.4	81.1	Exit #36a	North to community of Afton, NS & Bayfield Beach, NS A small popular beach 6 km (4 mi.) north of Exit 36 off Highway 104, on St. Georges Bay. This small pebble beach offers supervised swimming on weekends, change houses, vault toilets, picnic area and water outlets available.	52.3	84.1
52.7	84.8	Point of Interest	Crossing the Afton River, NS	50.0	80.4
55.2	88.8	Photo	View from highway looking north.	47.5	76.4
57.5	92.6	Photo	View from highway	45.1	72.6
57.9	93.1	Exit #37 Junction of highway #16	South to Boylston Provincial Park, The park is open from mid-June until early September offering a 35 site wooded campground, and picnic area. The campground has water outlets and a trailer dump station.	44.8	72.1
64.3	103.4	Exit #38	North to community of Havre Boucher, NS	38.4	61.8
68.0	109.5	Photo	View from highway	34.6	55.7
68.3	109.9	Exit #39	North to community of Havre Boucher, NS.	34.4	55.3
69.5	111.9	Exit #40 Junction of Highway #344 (Marine Drive Scenic Trailway Route)	Nova Scotia Visitor Information Centre. The Marine Drive Scenic Trailway heads south on highway #344 at this point.	33.1	53.3
70.4	113.3	Canso Causeway	View from highway heading east on Canso Causeway, NS. The causeway crosses the Strait of Canso, NS; connecting Cape Breton Island to the Nova Scotia peninsula. The 570 m (1,870 ft) long Canso Canal is located at the eastern end of the causeway to allow ship traffic to transit the Strait of Canso. The 94 m (308.3 ft) Canso Canal Bridge is a swing bridge which carries the highway and railway line across the canal.	32.3	51.9
71.5	115.0	Junction of Highway #19 (Ceilidh Trail Scenic Drive Route)	Welcome to Cape Breton Island. North to Ceilidh Trail Scenic Drive Route. North access to 'The Cabot Trail Scenic Trailway'. North to Cape Breton Highlands National Park. NOTE: for highway travel via Highway #19 'The Ceilidh Trail Scenic Drive Route' and 'The Cabot Trail' - See Milebymile Road Map Highway Travel Guides; 'The Ceilidh Trail Scenic Drive Route' and 'The Cabot Trail Scenic Trailway' for driving directions	31.2	50.2
71.5	115.0	Junction of Highway #4 and Highway #105	NOTE. The Trans Canada Highway #104 ends at this point. The Trans Canada Highway #104 becomes the Trans Canada Highway #105 east of this point, to North Sidney. Highway #104 becomes highway #4 south to community of Port Hawkesbury. NOTE: For highway travel via Highway #4 See: Highway Travel Guide Highway #4; - City of Sydney, NS to Canso Causeway & Trans Canada Highway #105 for driving directions.	31.2	50.2
71.5	115.0	Highway #4 -The Fleur-de-lis Scenic Trailway	The region's colourful French heritage is alive and well along the Fleur-de-lis and Marconi Trails, in picturesque Acadian fishing villages that dot the rugged sea coast.	31.2	50.2
71.9	115.7	Community of Port Hastings, NS.	East of highway	30.8	49.5
73.0	117.5	View from highway	Looking north	29.6	47.7
75.0	120.7	Community of Port Hawkesbury	Access from highway	27.7	44.5
75.3	121.2	Junction of Highway #104	Highway #4 The Fleur-de-lis Scenic Drive Trailway continues on highway #4 east. Highway #104 tyes back into highway #4 at the community of St. Peters, NS. St. Peter's, NS, is located on a narrow isthmus which separates the southern end of Bras d'Or Lake, NS.	27.3	44.0
81.8	131.6	Exit #44	South to community of Port Malcolm, NS.	20.9	33.6
82.9	133.4	Exit #45 (Basin Road)	North access to community of Whiteside, NS. South to community of Whiteside, NS.	19.8	31.8
90.0	144.9	Exit #46 Junction of highway #320.	South to Pondville Beach Provincial Park. Picnic park with 1 km (0.5 mi.) sandy beach, backed by gentle dunes, a large lagoon and salt marsh. South to Lennox Passage Provincial Park. A small saltwater beach. Picnic area scattered through woodland; explore an operating lighthouse.	12.6	20.3
96.8	155.7	Exit #47	North to community of Sporting Mountain, NS	5.9	9.5
97.2	156.4	View from highway	Driving west	5.5	8.8

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Road Map Travel Guide

102.7	165.2	Junction of Highway #4 The Fleur-de-lis / Marconi Trailway	East to Community of St. Peters, NS. East to city of Sidney, NS. East to St. Peters Canal National Historic Site of Canada. St. Peters Canal is an 800 metre canal linking the Atlantic Ocean with Bras d'Or Lake. Work started on the canal in 1854 and was completed in 1869. The canal also boasts the only functioning lock system in Nova Scotia. View interpretive exhibits, enjoy a picnic lunch, or experience the canal by pleasure craft. Start/Finish of highway travel guide -e	0.0	0.0
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