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Road Map Travel Guide

Nova Scotia Highway #104 "Trans Canada Highway"

MILE	KM	ITEM	SUMMARY	MILE	KM
0.0	0.0	Junction of Highway #106 Trans Canada Highway To Prince Edward Island	Exit #22. East to town of New Glasgow 5 kms. East to Cape Breton Island and the Cabot Trail Scenic Drive Route. West to city of Truro. North to Town of Pictou, community of Caribou & the Prince Edward Island Ferry Terminal. Caribou/Munroes Island Provincial Park. The park is open from mid-June until mid-October offering a 92-site campground, picnic areas, and an unsupervised beach. There is a walking trail along the beach out to the Island.	102.7	165.2
2.2	3.5	Exit #23	Access to highway #289. South to community of Westville	100.5	161.7
3.2	5.1	Exit #24	North to town of New Glasgow, all services	99.5	160.1
3.7	6.0	Exit #25	Access to highway #348, North to New Glasgow, airport	98.9	159.2
6.8	11.0	Exit #26	Access to highway #347. South to community of Thorburn	95.8	154.2
8.4	13.5	Photo	View from highway	94.3	151.7
11.4	18.4	Exit 27a	Visitor Information Centre, east side of highway. North to highway #245, The Sunrise Trail Scenic Drive Route.	91.2	146.8
11.6	18.6	Point of Interest	Crossing the Sutherland River	91.1	146.6
15.2	24.5	Point of Interest	Crossing the French River	87.4	140.7
23.6	37.9	Photo	View from highway	79.1	127.3
23.6	38.0	Exit #29	Access to highway #4. North to community of Avondale. South to community of Barneys River	79.0	127.2
27.3	43.9	Exit #29a	North to community of James River	75.4	121.3
28.5	45.8	Point of Interest	West boundry of county of Antigonish	74.2	119.4
31.3	50.4	Exit #30	Access to highway #4. North to community of James River	71.3	114.8
37.0	59.5	Exit 31a	Access to Highway #4. North to community of Brierly Brook	65.7	105.7
38.2	61.5	Exit #31	Access to highway #4	64.4	103.7
38.8	62.4	Exit #32 Junction of Highway #7	Nova Scotia Provincial Visitors Information centre. South to communities of Melrose, Sherbrooke. North via highway #245 to community of Arisaig. Arisaig Provincial Park was established to protect the fossil beds found in the cliffs over looking its pebbly beach. Park offers interpretive trails, picnic tables and vault toilets.	63.9	102.8
39.5	63.6	Exit #33	Access to highway #337 (The Sunrise Scenic Drive Route). North to community of Antigonish, all services.	63.1	101.6
41.5	66.8	Exit #34	Access to highway #4. North to community of Antigonish	61.1	98.4
43.6	70.2	Exit #35	Access to highway #316. South to community of Goshen	59.0	95.0
48.7	78.4	Point of Interest	Crossing the Pomquet River	53.9	86.8
49.9	80.3	Exit #36	North to community of Bayfield. Pomquet Beach Provincial Park On the shore of St. Georges Bay, this 3 km beach features the best example of dune succession in Nova Scotia and a supervised swimming area. Boardwalks, flush toilet, change houses, and interpretive display are on site. South to community of Heatherton	52.8	84.9
50.4	81.1	Exit #36a	North to community of Afton & Bayfield Beach A small popular beach 6 km (4 mi.) north of Exit 36 off Highway 104, on St. Georges Bay. This small pebble beach offers supervised swimming on weekends, change houses, vault toilets, picnic area and water outlets available.	52.3	84.1
52.7	84.8	Point of Interest	Crossing the Afton River	50.0	80.4
55.2	88.8	Photo	View from highway looking north.	47.5	76.4
57.5	92.6	Photo	View from highway	45.1	72.6
57.9	93.1	Exit #37 Junction of highway #16	South to Boylston Provincial Park, The park is open from mid-June until early September offering a 35 site wooded campground, and picnic area. The campground has water outlets and a trailer dump station.	44.8	72.1
64.3	103.4	Exit #38	North to community of Havre Boucher	38.4	61.8
68.0	109.5	Photo	View from highway	34.6	55.7
68.3	109.9	Exit #39	North to community of Havre Boucher	34.4	55.3
69.5	111.9	Exit #40 Junction of Highway #344 (Marine Drive Scenic Trailway Route)	Nova Scotia Visitor Information Centre. The Marine Drive Scenic Trailway heads south on highway #344 at this point. (see attached link for map).	33.1	53.3
70.4	113.3	Canso Causeway	View from highway heading east on Canso Causeway	32.3	51.9

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71.5	115.0	Junction of Highway #19 (Ceilidh Trail Scenic Drive Route)	Welcome to Cape Breton Island. North to Ceilidh Trail Scenic Drive Route. North to Cabot Trail Scenic Trailway. North to Cape Breton Highlands National Park.	31.2	50.2
71.5	115.0	Junction of Highway #4 and Highway #105	NOTE. The Trans Canada Highway #104 ends at this point. The Trans Canada Highway #104 becomes the Trans Canada Highway #105 east of this point, to North Sidney. Highway #104 becomes highway #4 south to community of Port Hawkesbury	31.2	50.2
71.5	115.0	Highway #4 -The Fleur-de-lis Scenic Trailway	The region's colourful French heritage is alive and well along the Fleur-de-lis and Marconi Trails, in picturesque Acadian fishing villages that dot the rugged sea coast.	31.2	50.2
71.9	115.7	Community of Port Hastings	East of highway	30.8	49.5
73.0	117.5	View from highway	Looking north	29.6	47.7
75.0	120.7	Community of Port Hawkesbury	Access from highway	27.7	44.5
75.3	121.2	Junction of Highway #104	Highway #4 The Fleur-de-lis Scenic Drive Trailway continues on highway #4 east. Highway #104 tyes back into highway #4 at the community of St. Peters.	27.3	44.0
81.8	131.6	Exit #44	South to community of port Malcolm.	20.9	33.6
82.9	133.4	Exit #45 (Basin Road)	North access to community of Evanston. South to community of Whiteside.	19.8	31.8
90.0	144.9	Exit #46 Junction of highway #320.	South to Pondville Beach Provincial Park. Picnic park with 1 km (0.5 mi.) sandy beach, backed by gentle dunes, a large lagoon and salt marsh. South to Lennox Passage Provincial Park. A small saltwater beach. Picnic area scattered through woodland; explore an operating lighthouse.	12.6	20.3
96.8	155.7	Exit #47	North to community of Sporting Mountain	5.9	9.5
97.2	156.4	View from highway	Driving west	5.5	8.8
102.7	165.2	Junction of Highway #4 The Fleur-de-lis / Marconie Trailway	East to Community of St. Peters. East to city of Sidney. East to St. Peters Canal National Historic Site of Canada. St. Peters Canal is an 800 metre canal linking the Atlantic Ocean with Bras d'Or Lake. Work started on the canal in 1854 and was completed in 1869. The canal also boasts the only functioning lock system in Nova Scotia. View interpretive exhibits, enjoy a picnic lunch, or experience the canal by pleasure craft.	0.0	0.0