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Road Map Travel Guide

Nova Scotia Highway #7 "Town Antigonish to City of Dartmouth / Halifax"

MILE	KM	ITEM	SUMMARY	MILE	KM
0.0	0.0	Junction of the Trans Canada Highway #104 (Exit #32)	North to community of Antigonish all services. West to Truro. East to Cape Breton Island, city of Sidney. South to community of Sherbrooke.	152.2	245.0
0.9	1.4	Point of Interest	Crossing the West River	151.4	243.6
1.7	2.7	Community of Salt Spring	West of highway. Services at highway	150.6	242.3
2.9	4.7	Community of Pineville	East of highway	149.3	240.3
4.1	6.6	Community of Purlbrook	East of highway	148.1	238.4
5.5	8.8	Community of St. Joseph	West of highway 2 kms	146.8	236.2
7.8	12.6	View from highway	Driving south	144.4	232.4
10.6	17.1	Community of Lochaber	Access from highway	141.6	227.9
12.7	20.4	Community of West Lochaber	West of highway	139.6	224.6
13.9	22.4	Access to community of Copper Lake	East of highway	138.3	222.6
14.5	23.4	View from highway	Photo Lochaber Lake, driving south	137.7	221.6
18.6	30.0	Junction of Highway #276 (photo)Salsman Provincial Park	East to community of Goshen. Access to highway #316 to Salsman Provincial Park. Salsman Provincial Park is open from mid-June until early September. The park has 40 well manicured campsites, a picnic area, boat launch, and trailer dump station. The unsupervised beach is ideal for families to splash about. Although there are no electrical hookups, water and vault toilets are conveniently located throughout the campground. Flush toilets and showers are available.	133.6	215.0
20.3	32.6	Point of Interest	Lochiel Lake	132.0	212.4
21.0	33.8	Roadside Highway Turnout Rest Area	Nova Scotia Picnic Park, Lochiel Lake	131.2	211.2
22.1	35.6	Lochiel Lake Bed and Breakfast	South side of highway	130.1	209.4
22.4	36.0	Community of Fisher Mills	Access to community of Westside, Lochiel Lake	129.9	209.0
24.9	40.0	Junction of Highway #347	Community of Aspen. North to community of Denver. North to Town of New Glasgow	127.4	205.0
28.0	45.1	Junction of Highway #348	Community of Melrose. West to communities of Gleneig, Smithfield, Caledonia.	124.2	199.9
31.4	50.6	Community of Stillwater	West of highway	120.8	194.4
35.5	57.2	Junction of Highway #211 (The Marine Drive Scenic Trailway highway marker sign)	NOTE. Highway #7 becomes part of the Marine Drive Scenic Route at this point. The traditions and legends of the sea come alive along the Marine Drive. Follow this special route through a land of pristine coastal beauty, where quiet shoreline roads lead through romantic seaside villages.	116.7	187.8
37.5	60.3	Roadside Highway Turnout Rest Area	Nova Scotia Picnic Park, toilets	114.8	184.7
37.9	61.0	Community of Sherbrooke	Services	114.3	184.0
38.3	61.6	Community of Sherbrooke Village	Sherbrooke, is home to the historical Sherbrooke Village. Mile by Mile staff visited this village and it is a must see. Sherbrooke Village depicts a typical Nova Scotian village from 1860 to pre-WW1. With approximately 80 buildings, over 25 of those open to the public, it is the largest Nova Scotia Museum site. Built on an economy of ship building, lumbering and gold mining, Sherbrooke Village reflects Nova Scotia as it was during its industrial boom in the late 1800s and early 1900s. Visit a place where time has stood still.	114.0	183.4
38.5	62.0	R C M P Detachment	North side of highway	113.7	183.0
38.7	62.2	Sherbrooke Village Inn & Cabins	Access from highway	113.6	182.8
39.3	63.3	Community of Goldenville	West of highway	112.9	181.7
47.1	75.8	Community of Liscomb	Access from highway	105.1	169.2
47.2	76.0	Birch Hill Bed and Breakfast	Access from highway	105.0	169.0
47.6	76.6	Community of Little Liscomb	East side of highway	104.6	168.4
48.7	78.3	Community of Spanish Ship Bay	South of highway	103.6	166.7
54.7	88.0	Point of Interest	Crossing the Liscomb River	97.6	157.0
57.7	92.9	Community of Marie Joseph	North side highway	94.5	152.1
59.4	95.6	Roadside Highway Turnout Rest Area	Nova Scotia Picnic Park, east side of highway	92.8	149.4
60.2	96.8	Community of Ecum Secum	South of highway	92.1	148.2

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Road Map Travel Guide

64.5	103.8	Services at highway	West side of highway	87.7	141.2
67.0	107.8	Community of Necum Teuch	Access from highway	85.3	137.2
68.5	110.3	Community of Moser River	Services at west side of highway	83.7	134.7
71.3	114.7	Community of Moose Head	North of highway	81.0	130.3
73.3	117.9	Community of Harrigan Cove	North of highway	79.0	127.1
76.2	122.7	Community of East Quoddy	Access from highway	76.0	122.3
77.9	125.3	Community of West Quoddy	South of highway.	74.4	119.7
79.4	127.8	Community of Port Dufferin	Access from highway	72.8	117.2
80.5	129.6	Point of Interest	Crossing the Salmon River	71.7	115.4
80.8	130.0	Services at highway	East side of highway	71.5	115.0
81.5	131.1	Black Duck Seaside Country Inn	North side of highway	70.8	113.9
82.5	132.8	Community of Beaver Harbour	South side of highway	69.7	112.2
84.5	136.0	Community of Watt Section	Access from highway	67.7	109.0
84.9	136.7	Point of Interest	Crossing Halfway Brook	67.3	108.3
88.2	142.0	Junction of Highway #374	North to communities of Malay Falls, Trafalger	64.0	103.0
88.4	142.2	Community of Sheet Harbour	Access from highway	63.9	102.8
88.5	142.4	Point of Interest	Crossing the East River	63.8	102.6
88.6	142.6	East River Lodge Tent & Trailer Park	West side of highway	63.6	102.4
88.9	143.0	The Manse Bed and Breakfast	Access from highway	63.4	102.0
89.4	143.9	Services at highway		62.8	101.1
90.5	145.6	Junction of Highway #224	North west to community of Marinette	61.8	99.4
95.5	153.7	Community of Mushaboom	South of highway	56.7	91.3
95.5	153.7	Point of Interest	Pope's Harbour	56.7	91.3
96.6	155.4	Community of Spry Bay	North side of highway	55.7	89.6
97.5	156.9	Taylor Head Provincial Beach Park	Located southwest of Sheet Harbour, on Route 7(the Marine Drive) Taylor Head Park occupies a rugged wind swept peninsula that juts six kilometers into the Atlantic Ocean. The park's hiking trails and walks provide access to a variety of natural habitat, interesting geological features, and wildlife species, scenic look-offs, secluded beaches and 16 km (10 mi.) of unspoiled coastline	54.7	88.1
97.7	157.3	Community of Spry Bay Village	Access from highway	54.5	87.7
98.6	158.6	Spry Bay Campground	West side of highway	53.7	86.4
99.9	160.7	Community of Spry Harbour	South east of highway	52.4	84.3
100.2	161.3	Roadside Highway Turnout Rest Area	Nova Scotia Provincial Picnic Park, toilets	52.0	83.7
101.7	163.7	Community of Pope's Harbour	Access from highway	50.5	81.3
104.6	168.3	Point of Interest	View of lobster traps by wharf area along Pope's Harbour	47.7	76.7
105.2	169.3	Community of Tangier	Access from highway	47.0	75.7
106.9	172.1	Community of Pleasant Harbour	Access from highway	45.3	72.9
111.0	178.6	Murphy's Camping by the Sea	South side of highway	41.3	66.4
113.1	182.0	Osprey & Loon Bed and Breakfast		39.1	63.0
118.9	191.4	Community of Ships Harbour	Access from highway	33.3	53.6
122.7	197.5	Community of Beech Hill	South of highway	29.5	47.5
123.0	198.0	Community of Lake Charlotte	South to Clam Harbour Provincial Beach Park. A long, wide sandy beach; picnic area in a field on top of a bluff. Supervised by the Nova Scotia Lifesaving Society on weekends only. Canteen, flush toilet, changing rooms, showers and walking trails	29.2	47.0
125.7	202.3	Community of Oyster Pond	Access to Fisherman's life museum.	26.5	42.7
127.5	205.2	View from highway	Driving west	24.7	39.8
127.9	205.8	View from highway	Driving west	24.4	39.2
128.3	206.4	Community of Salmon River Bridge	North of highway	24.0	38.6
129.1	207.8	Point of Interest	Crossing the Salmon River	23.1	37.2
129.4	208.2	Jeddore Cabins and Lodge	Access from highway	22.9	36.8
129.6	208.5	Community of Head of Jeddore	North of highway	22.7	36.5
131.7	211.9	Services at highway		20.6	33.1
132.0	212.4	Community of Smith Settlement	North side of highway	20.3	32.6
133.2	214.3	Community of Musquodoboit Harbour	South to Martinique Beach. A beautiful natural sand dune system. Beachcombing and bird watching are popular pastimes at Martinique. The beach park features a picnic area, boardwalks, and hard-surfaced paths.	19.1	30.7

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Road Map Travel Guide

135.2	217.6	Junction of Highway #357	North to community of Gibraltar. North to Dollar Lake Provincial Park campground is open from mid-May until early September. The park has 166 woodland campsites, a picnic area, boat launch, and trailer dump station. The main beach is supervised during the peak season. Although there are no electrical hookups, water and vault toilets are conveniently located throughout the campground. Accessible flush toilets and showers facilities are also available	17.0	27.4
136.9	220.3	Junction of Highway #107	South to city Dartmouth / Halifax	15.3	24.7
140.1	225.5	Community of Head of Chezzetcook	North of highway	12.1	19.5
141.1	227.0	Access to Highway #107	East of highway	11.2	18.0
143.2	230.5	Junction of Highway #207	South to community of West Chezzetcook. South to Porters Lake Provincial Park. Porters Lake Provincial Park is open from mid-May until mid-October. The park has 166 woodland campsites, a picnic area, boat launch, amphitheater, and trailer dump station. There are no electrical hookups, water and vault toilets are conveniently located throughout the campground. Flush toilets and showers are available.	9.0	14.5
144.4	232.3	Community of Porter Lake	All services	7.9	12.7
144.9	233.2	Community of Echo Lake	Access from highway	7.3	11.8
145.7	234.4	Community of Preston	Access from highway	6.6	10.6
145.8	234.7	Junction of highway #328	South west to city of Dartmouth	6.4	10.3
145.9	234.8	Community of Cole Harbour	Access from highway	6.3	10.2
150.4	242.1	Junction of Highway #111 & 207	City of Dartmouth / Halifax	1.8	2.9
150.4	242.1	City of Dartmouth	Downtown Dartmouth	1.8	2.9
152.2	245.0	Downtown Dartmouth - photo Halifax Harbour	Access to Ferry Terminal to city of Halifax. Visitor Information Centre	0.0	0.0
152.2	245.0	Ferry crossing from Dartmouth to Halifax	The ferry terminal gives access (walking distance) to Halifax waterfront boardwalk, where it is possible for the experienced walker to walk to Citadel Hill National Historic Site and the historical site & museum of Pier 21	0.0	0.0
152.2	245.0	Halifax Citadel National Historic Site (photo, noon firing of cannon)	The Halifax Citadel dominates the skyline of Nova Scotia's capital. A massive, star-shaped fortification that is considered one of Canada's most important historic sites. The present citadel, completed in 1856, is the fourth fort built on this site after the British founded Halifax in 1749 as one of four principal overseas naval stations in the British Empire.	0.0	0.0
152.2	245.0	Pier 21	Between 1928-1971, at Pier 21 on the Halifax waterfront, 1 million immigrants first set foot on Canadian soil. The port of Halifax, and its Pier 21 reception facility, was the primary point of entry. Start / Finish of Highway Travel Guide.	0.0	0.0