

MileByMile.com

Road Map Travel Guide

Nova Scotia Highway #7 "Town Antigonish to City of Dartmouth / Halifax"

MILE	KM	ITEM	SUMMARY	MILE	KM
0.0	0.0	Junction of the Trans Canada Highway #104 (Exit #32)	NOTE: For highway travel via The Trans Canada Highway #104: See Milebymile.com - Road Map Highway Travel Guide - New Glasgow, NS to Cape Breton Island, NS for driving directions.	152.2	245.0
0.0	0.0	Junction of the Trans Canada Highway #104 (Exit #32)	North to community of Antigonish, NS; all services. West to Truro, NS. East to Cape Breton Island, city of Sidney. South to community of Sherbrooke, NS.	152.2	245.0
0.9	1.4	Point of Interest	Crossing the West River, NS	151.4	243.6
1.7	2.7	Community of Salt Spring, NS	West of highway. Services at highway. The Salt Springs area was settled in the 1780s.	150.6	242.3
2.9	4.7	Community of Pineville, NS	East of highway	149.3	240.3
4.1	6.6	Community of Purlbrook, NS	East of highway	148.1	238.4
5.5	8.8	Community of St. Joseph, NS	West of highway 2 kms	146.8	236.2
7.8	12.6	View from highway	Driving south	144.4	232.4
10.6	17.1	Community of Lochaber, NS	Access from highway	141.6	227.9
12.7	20.4	Community of West Lochaber, NS	West of highway	139.6	224.6
13.9	22.4	Access to community of Copper Lake, NS	East of highway	138.3	222.6
14.5	23.4	View from highway	Photo Lochaber Lake, NS; driving south.	137.7	221.6
18.6	30.0	Junction of Highway #276 (photo)Salsman Provincial Park	East to community of Goshen, NS. Access to highway #316 to Salsman Provincial Park. Salsman Provincial Park is open from mid-June until early September. The park has 40 well manicured campsites, a picnic area, boat launch, and trailer dump station. The unsupervised beach is ideal for families to splash about. Although there are no electrical hookups, water and vault toilets are conveniently located throughout the campground. Flush toilets and showers are available.	133.6	215.0
20.3	32.6	Point of Interest	Lochiel Lake, NS	132.0	212.4
21.0	33.8	Roadside Highway Turnout Rest Area	Nova Scotia Picnic Park, Lochiel Lake	131.2	211.2
22.1	35.6	Lochiel Lake Bed and Breakfast	South side of highway	130.1	209.4
22.4	36.0	Community of Fisher Mills, NS	Access to community of Westside, NS, Lochiel Lake, NS	129.9	209.0
24.9	40.0	Junction of Highway #347	Community of Aspen, NS. North to community of Denver, NS. North to Town of New Glasgow, NS.	127.4	205.0
28.0	45.1	Junction of Highway #348	Community of Melrose, NS. West to communities of Gleneig, NS, Smithfield, NS, Caledonia, NS.	124.2	199.9
31.4	50.6	Community of Stillwater, NS	West of highway. The St. Mary's River runs through Stillwater, NS. Stillwater, NS, has the largest population of wood turtles In the World.	120.8	194.4
35.5	57.2	Junction of Highway #211 (The Marine Drive Scenic Trailway highway marker sign)	NOTE. Highway #7 becomes part of the Marine Drive Scenic Route at this point. The traditions and legends of the sea come alive along the Marine Drive. Follow this special route through a land of pristine coastal beauty, where quiet shoreline roads lead through romantic seaside villages.	116.7	187.8
37.5	60.3	Roadside Highway Turnout Rest Area	Nova Scotia Picnic Park, toilets	114.8	184.7
37.9	61.0	Community of Sherbrooke, NS	Services. Sherbrooke, NS is nestled between Sherbrooke Lake, NS and St. Mary's River. At approximately 250 kilometres, the St. Mary's River is one of Nova Scotia's longest rivers.	114.3	184.0
38.3	61.6	Community of Sherbrooke Village	Sherbrooke, is home to the historical Sherbrooke Village. Mile by Mile staff visited this village and it is a must see. Sherbrooke Village depicts a typical Nova Scotian village from 1860 to pre-WW1. With approximately 80 buildings, over 25 of those open to the public, it is the largest Nova Scotia Museum site. Built on an economy of ship building, lumbering and gold mining, Sherbrooke Village reflects Nova Scotia as it was during its industrial boom in the late 1800s and early 1900s. Visit a place where time has stood still.	114.0	183.4
38.5	62.0	R C M P Detachment	North side of highway	113.7	183.0
38.7	62.2	Sherbrooke Village Inn & Cabins	Access from highway.	113.6	182.8
39.3	63.3	Community of Goldenville, NS	West of highway.	112.9	181.7
47.1	75.8	Community of Liscomb, NS	Access from highway	105.1	169.2

MileByMile.com

Road Map Travel Guide

47.2	76.0	Birch Hill Bed and Breakfast	Access from highway	105.0	169.0
47.6	76.6	Community of Little Liscomb, NS.	East side of highway	104.6	168.4
48.7	78.3	Community of Spanish Ship Bay, NS	South of highway	103.6	166.7
54.7	88.0	Point of Interest	Crossing the Liscomb River, NS	97.6	157.0
57.7	92.9	Community of Marie Joseph, NS	North side highway	94.5	152.1
59.4	95.6	Roadside Highway Turnout Rest Area	Nova Scotia Picnic Park, east side of highway	92.8	149.4
60.2	96.8	Community of Ecum Secum, NS	South of highway	92.1	148.2
64.5	103.8	Services at highway	West side of highway	87.7	141.2
67.0	107.8	Community of Necum Teuch, NS	Access from highway. The community is famous for the life like scarecrows created by Angela Smith Geddes.	85.3	137.2
68.5	110.3	Community of Moser River, NS	Services at west side of highway. Moser River, NS, is on the head of Necum Teuch Harbour.	83.7	134.7
71.3	114.7	Community of Moose Head, NS	North of highway	81.0	130.3
73.3	117.9	Community of Harrigan Cove, NS	North of highway	79.0	127.1
76.2	122.7	Community of East Quoddy, NS	Access from highway.	76.0	122.3
77.9	125.3	Community of West Quoddy, NS	South of highway.	74.4	119.7
79.4	127.8	Community of Port Dufferin, NS	Access from highway. Port Dufferin, NS, is named for the Marquis of Dufferin, Governor General of Canada from 1872 to 1878.	72.8	117.2
80.5	129.6	Point of Interest	Crossing the Salmon River, NS	71.7	115.4
80.8	130.0	Services at highway	East side of highway	71.5	115.0
81.5	131.1	Black Duck Seaside Country Inn	North side of highway	70.8	113.9
82.5	132.8	Community of Beaver Harbour, NS	South side of highway	69.7	112.2
84.5	136.0	Community of Watt Section, NS	Access from highway	67.7	109.0
84.9	136.7	Point of Interest	Crossing Halfway Brook	67.3	108.3
88.2	142.0	Junction of Highway #374	North to communities of Malay Falls, NS, Trafalger, NS.	64.0	103.0
88.4	142.2	Community of Sheet Harbour, NS	Access from highway	63.9	102.8
88.5	142.4	Point of Interest	Crossing the East River, NS.	63.8	102.6
88.6	142.6	East River Lodge Tent & Trailer Park	West side of highway	63.6	102.4
88.9	143.0	The Manse Bed and Breakfast	Access from highway	63.4	102.0
89.4	143.9	Services at highway		62.8	101.1
90.5	145.6	Junction of Highway #224	North west to community of Marinette, NS.	61.8	99.4
95.5	153.7	Community of Mushaboom, NS	South of highway. Mushaboom, NS, is named after Mushaboom Harbour, which is east of Taylor Head Provincial Park.	56.7	91.3
95.5	153.7	Point of Interest	Pope's Harbour, NS	56.7	91.3
96.6	155.4	Community of Spry Bay, NS	North side of highway	55.7	89.6
97.5	156.9	Taylor Head Provincial Beach Park	Located southwest of Sheet Harbour, on Route 7(the Marine Drive) Taylor Head Park occupies a rugged wind swept peninsula that juts six kilometers into the Atlantic Ocean. The park's hiking trails and walks provide access to a variety of natural habitat, interesting geological features, and wildlife species, scenic look-offs, secluded beaches and 16 km (10 mi.) of unspoiled coastline	54.7	88.1
97.7	157.3	Community of Spry Bay Village, NS	Access from highway	54.5	87.7
98.6	158.6	Spry Bay Campground	West side of highway	53.7	86.4
99.9	160.7	Community of Spry Harbour, NS	South east of highway	52.4	84.3
100.2	161.3	Roadside Highway Turnout Rest Area	Nova Scotia Provincial Picnic Park, toilets	52.0	83.7
101.7	163.7	Community of Pope's Harbour, NS	Access from highway	50.5	81.3
104.6	168.3	Point of Interest	View of lobster traps by wharf area along Pope's Harbour, NS.	47.7	76.7
105.2	169.3	Community of Tangier, NS	Access from highway	47.0	75.7
106.9	172.1	Community of Pleasant Harbour	Access from highway	45.3	72.9
111.0	178.6	Murphy's Camping by the Sea	South side of highway	41.3	66.4
113.1	182.0	Osprey & Loon Bed and Breakfast		39.1	63.0
118.9	191.4	Community of Ships Harbour, NS	Access from highway	33.3	53.6
122.7	197.5	Community of Beech Hill, NS	South of highway	29.5	47.5
123.0	198.0	Community of Lake Charlotte, NS	South to Clam Harbour Provincial Beach Park. A long, wide sandy beach; picnic area in a field on top of a bluff. Supervised by the Nova Scotia Lifesaving Society on weekends only. Canteen, flush toilet, changing rooms, showers and walking trails	29.2	47.0

MileByMile.com

Road Map Travel Guide

125.7	202.3	Community of Oyster Pond	Access to Fisherman's life museum. Nova Scotian fisherman's house from the early 1900s. The typical life of a coastal village family is displayed.	26.5	42.7
127.5	205.2	View from highway	Driving west	24.7	39.8
127.9	205.8	View from highway	Driving west	24.4	39.2
128.3	206.4	Community of Salmon River Bridge, NS	North of highway	24.0	38.6
129.1	207.8	Point of Interest	Crossing the Salmon River, NS	23.1	37.2
129.4	208.2	Jeddore Cabins and Lodge	Access from highway	22.9	36.8
129.6	208.5	Community of Head of Jeddore, NS	North of highway. Head of Jeddore also hosts the official Eastern Shore Pirate Festival in September.	22.7	36.5
131.7	211.9	Services at highway		20.6	33.1
132.0	212.4	Community of Smith Settlement, NS	North side of highway	20.3	32.6
133.2	214.3	Community of Musquodoboit Harbour, NS	South to Martinique Beach. A beautiful natural sand dune system. Beachcombing and bird watching are popular pastimes at Martinique. The beach park features a picnic area, boardwalks, and hard-surfaced paths. Musquodoboit Harbour, NS is situated on the Eastern Shore at the mouth of the Musquodoboit River,	19.1	30.7
135.2	217.6	Junction of Highway #357	North to community of Gibraltar, NS. North to Dollar Lake Provincial Park campground is open from mid-May until early September. The park has 166 woodland campsites, a picnic area, boat launch, and trailer dump station. The main beach is supervised during the peak season. Although there are no electrical hookups, water and vault toilets are conveniently located throughout the campground. Accessible flush toilets and showers facilities are also available	17.0	27.4
136.9	220.3	Junction of Highway #107	South to city Dartmouth / Halifax, NS.	15.3	24.7
140.1	225.5	Community of Head of Chezzetcook, NS	North of highway	12.1	19.5
141.1	227.0	Access to Highway #107	East of highway	11.2	18.0
143.2	230.5	Junction of Highway #207	South to community of West Chezzetcook. South to Porters Lake Provincial Park. Porters Lake Provincial Park is open from mid-May until mid-October. The park has 166 woodland campsites, a picnic area, boat launch, amphitheater, and trailer dump station. There are no electrical hookups, water and vault toilets are conveniently located throughout the campground. Flush toilets and showers are available.	9.0	14.5
144.4	232.3	Community of Porter Lake, NS	All services. Porter's Lake, NS is 24 km long not more than a kilometer wide and is in the shape of a crescent.	7.9	12.7
144.9	233.2	Community of Echo Lake, NS	Access from highway	7.3	11.8
145.7	234.4	Community of Preston, NS	Access from highway	6.6	10.6
145.8	234.7	Junction of highway #328	South west to city of Dartmouth, NS	6.4	10.3
145.9	234.8	Community of Cole Harbour, NS	Access from highway	6.3	10.2
150.4	242.1	Junction of Highway #111 & 207	City of Dartmouth / Halifax	1.8	2.9
150.4	242.1	City of Dartmouth	Downtown Dartmouth	1.8	2.9
152.2	245.0	Downtown Dartmouth - photo Halifax Harbour	Access to Ferry Terminal to city of Halifax. Visitor Information Centre	0.0	0.0
152.2	245.0	Ferry crossing from Dartmouth, NS to Halifax, NS	The ferry terminal gives access (walking distance) to Halifax waterfront boardwalk, where it is possible for the experienced walker to walk to Citadel Hill National Historic Site and the historical site & museum of Pier 21	0.0	0.0
152.2	245.0	Halifax Citadel National Historic Site (photo, noon firing of cannon)	The Halifax Citadel, NS dominates the skyline of Nova Scotia's capital. A massive, star-shaped fortification that is considered one of Canada's most important historic sites. The present citadel, completed in 1856, is the fourth fort built on this site after the British founded Halifax in 1749 as one of four principal overseas naval stations in the British Empire.	0.0	0.0
152.2	245.0	Pier 21, NS	Between 1928-1971, at Pier 21 on the Halifax waterfront, 1 million immigrants first set foot on Canadian soil. The port of Halifax, and its Pier 21 reception facility, was the primary point of entry. Start / Finish of Highway Travel Guide. -e	0.0	0.0