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Road Map Travel Guide

Newfoundland and Labrador Highway #1 "Trans-Canada Highway"

MILE	KM	ITEM	SUMMARY	MILE	KM
0.0	0.0	Ferry Terminal North Sydney Nova Scotia	Marine Atlantic Ferry to Port Aux Basques, Newfoundland., Argentia, Newfoundland. Visitor Information Center at ferry terminal. Note this ferry route to Newfoundland is very busy in the tourist season. early reservations is recommended at least 2 weeks for prime time sailings.	159.9	257.3
0.0	0.0	View from ferry to Newfoundland	Photo of Canada's famous Schooner Bluenose II. Milebymile staff while boarding the ferry to Newfoundland had the opportunity to view this famous sailing ship, which was visiting North Sydney, NS. Bluenose was a Canadian schooner from Nova Scotia, a celebrated racing ship and a symbol of the province. The name 'bluenose'. Bluenose was launched at Lunenburg, Nova Scotia on March 26, 1921, as both a working cod-fishing schooner and a racing ship. Bluenose II, was launched at Lunenburg, NS, on July 24, 1963, built to original plans by many of the same workers.	159.9	257.3
0.0	0.0	Port Aux Basques, NL, Ferry Terminal	Community of Port aux Basques, NL,all services. Information Centre at ferry terminal. North to city of Corner Brook, NL.	159.9	257.3
0.6	1.0	Newfoundland Visitor Information Centre	Access from highway. Attractions in and around Port Aux Basques, NL: Bottle Cove Day Park - Cape Ray Lightkeeper's House - Gulf Museum , NL. - Harbour Boardwalk, - Port Aux Basques, NL. Railway Heritage Centre - Rose Blanche, NL, Lighthouse.	159.3	256.3
1.2	2.0	R.C.M.P Detachment	Exit back to Port Aux Basques, NL.	158.6	255.3
4.1	6.6	Truck Weigh Scales	East side of highway	155.8	250.7
4.8	7.8	JT Cheeseman, NL, Provincial Park	West side of highway. Campground, Cheeseman Park, NL, has 101 campsites, each with its own picnic table, fireplace, garbage can and vehicle space. Water taps and pit toilets are conveniently located throughout the park. HIKING: Smokey Cape Walking/Fitness Trail begins in the day-use area and ends at the beach parking lot. Situated on the Cape Ray barrens, J.T. Cheeseman has an variety of natural features, ranging from bogs to rolling, forested hills.	155.0	249.5
7.3	11.8	View from highway	Driving north	152.6	245.5
8.5	13.6	Junction of Newfoundland, Highway #408	West to community of Cape Ray, NL.	151.4	243.7
10.0	16.1	Point of Interest	Crossing Bear Brook	149.9	241.2
10.1	16.2	Roadside Highway Turnout	West side of highway	149.8	241.1
12.0	19.3	View from highway	Driving north	147.9	238.0
12.5	20.1	Roadside Highway Turnout	East side of highway	147.4	237.2
16.5	26.6	Little Paradise Park Campground	East side of highway	143.4	230.7
16.8	27.0	Point of Information	Crossing Yamerak Creek	143.1	230.3
17.0	27.4	Point of Interest	Crossing Coopers Brook	142.9	229.9
20.6	33.1	Junction of Newfoundland, Highway #407	Community of Tomkins, NL. West to community of Searston, NL, Codroy Valley, Newfoundland, Provincial Park. The beautiful view of the Long Range Mountains from this valley location and the large beach area with an abundance of shore birds are important natural features of this park. Located north west of Port aux Basques, NL, it contains picnic sites and pit toilets for day users.	139.3	224.2
22.0	35.4	Junction of Newfoundland, Highway #406	Community of Doyles, NL. Services at highway, fuel. West to communities of Upper Ferry, NL.Codroy, N.F. - Access to Grand Codroy RV/tent Camping Park, west of highway.	137.9	221.9
33.2	53.5	Community of South Branch, NL.	Access from highway	126.6	203.8
37.8	60.9	Point of Interest	Crossing the South Branch River	122.0	196.4
42.3	68.0	Roadside Highway Turnout	Gravel, access from highway	117.6	189.3
53.1	85.4	Wishing Well Campground	South side of highway	106.8	171.9
58.2	93.6	Junction of Newfoundland, Highway #405	West to communities of St. David's,NL, Maidstone, NL.	101.7	163.7
59.5	95.7	Services at highway	West side of highway	100.4	161.6
60.8	97.9	Junction of Newfoundland, Highway #404 south	West to communities of Mckay's, NL, Jeffrey, NL.	99.1	159.4
64.8	104.3	Junction of Newfoundland, Highway #404 north	West to communities of Robinson's, NL, Heatherton, NL.	95.1	153.0
64.9	104.5	Roadside Highway Turnout	West side of highway	94.9	152.8

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82.1	132.2	Junction of Newfoundland, highway #403	West to communities of Flat Bay, NL, St. Teresa, NL.	77.7	125.1
83.3	134.0	Services at highway	Fuel, gas, diesel. West side of highway	76.6	123.3
83.6	134.6	Services at highway	Fuel, gas, diesel. East side of highway	76.2	122.7
85.1	136.9	Junction of Newfoundland, highway #461	West to communities of St. George, NL. Seal Rock's, NL.	74.8	120.4
87.6	141.0	View from highway	Driving north	72.3	116.3
88.4	142.2	Access to Newfoundland, highway #490	Roadside highway turnout with information. access	71.5	115.1
88.8	142.9	Point of Interest	Crossing Barachois Brook, NL.	71.1	114.4
89.5	144.0	Junction of Newfoundland, Highway #480	West to communities of Stephenville Crossing, NL. Stephenville, NL. East to Barachois Pond Provincial Park, campground. There are 150 campsites Most campsites can accommodate the larger recreational vehicles. Each campsite has a picnic table, fireplace, and space for your vehicle. Drinking water and pit toilets are located in each camp loop. A wheelchair accessible comfort station, including flush toilets, showers and a laundry room. Trailer dumping station. Barachois Pond is the largest Provincial Park in Western Newfoundland. There are several different hiking trails within the park.	70.4	113.3
94.0	151.3	View from highway	Driving south	65.9	106.0
95.9	154.3	Junction of Newfoundland, Highway #460	East to town of Stephenville, NL. The town of Stephenville, NL, is located on the north shore of St. George's Bay, NL. The first settlers of Stephenville, NL were Acadian families from Cape Breton who migrated there in 1848. Attractions in and around Stephenville, NL: The Stephenville Theatre Festival - Stephenville Musicfest - Harry's River, Fox Island River, Southwest Brook and Barachois Brook flow out of the mountains near Stephenville. All offer excellent kayaking, canoeing and salmon fishing.	64.0	103.0
102.2	164.4	Junction of Newfoundland, Highway #402	West to communities of Georges Lake, NL, Gallants, NL, 9 kms.	57.7	92.9
109.2	175.7	View from highway (Georges Lake, NL.)	Driving north	50.7	81.6
109.5	176.2	Point of Information	Crossing Jottahamma Creek	50.4	81.1
110.8	178.3	Campground	East side of highway	49.1	79.0
115.6	186.0	Services at highway	Fuel, diesel	44.3	71.3
121.6	195.7	Point of Interest	Southern corporate limits city of Corner Brook, NL. Corner Brook, NL, is located on the Bay of Islands at the mouth of the Humber River, NL, the city is the largest population centre in the province outside the Avalon Peninsula, NL, and functions as a service centre for western and northern Newfoundland.	38.3	61.6
123.8	199.3	Exit #4 Junction of Highway #450	West to city of Corner Brook all services. West to Blow Me Down Provincial Park 60 kms, camping, 28 private campsites situated within two forested loops. In each loop there is waterpumps and toilets. The campsites are equipped with a picnic table, fireplace and space for your vehicle. A wheelchair accessible comfort station with laundry, shower facilities and dumping station is located near the first loop. The park is situated on a peninsula between Lark and York Harbours. Magnificent views of the Blow Me Down mountains and the Bay of Islands make this park one of the most scenic locations in the area to visit.	36.0	58.0
126.3	203.3	Massey Drive Exit	West to city of Corner Brook, NL. Information Centre	33.6	54.0
126.3	203.3	View from highway	City of Corner Brook	33.6	54.0
127.8	205.6	Junction of Highway #450a (Lawin Parkway)	West to downtown Corner Brook, NL.	32.1	51.7
129.7	208.8	Exit #7 Junction of Highway #440	Access to city of Corner Brook, NL. West to communities of Irishtown, NL, Meadows, Gillams, NL.	30.1	48.5
131.1	211.0	View from highway	Driving north	28.8	46.3
131.9	212.2	Exit #8	Community of Steady Brook, NL. east of highway. Attraction in and around Steady Brook: Gen Hansen Library - Warden's Cabin (Fishing Heritage Building) - Heritage Tree - Marble Mountain - Steady Brook Trail and Falls.	28.0	45.1
132.4	213.0	Services at highway	Community of Steady Brook, NL.	27.5	44.3

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135.3	217.7	View from highway	Driving west	24.6	39.6
136.6	219.9	Community of Humber Village, NL.	West of highway	23.2	37.4
138.4	222.7	Exit #10	Community of Little Rapids, NL. East of highway	21.5	34.6
140.4	226.0	View from highway	Driving north	19.4	31.3
142.8	229.8	Exit #12	Town of Pasadena, NL. Attractions in and around Pasadena, NL: Pasadena Beach, NL. - Pasadena Ski & Nature Park - Pasadena Pitch & Putt - Gros Morne National Park, NL. - Humber Valley Resort - Marble Mountain, NL.	17.1	27.5
145.7	234.5	Exit #13	Access to town of Pasadena, NL.	14.2	22.8
146.2	235.3	Bill's Tourist Lodge Trailer R.V. Park	East side of highway	13.7	22.0
148.0	238.1	Weigh Scale & Inspection Area	West side of Highway	11.9	19.2
149.3	240.3	Community of Pynn's Brook, NL.	Access from highway.	10.6	17.0
154.3	248.3	Community of St. Judes, NL.	West of highway	5.6	9.0
156.8	252.4	Exit #14 (Ridgview Road)	East to town of Deer Lake, NL. The Town of Deer Lake, NL derives its name from the lake. The first settlers came in 1864 from Cape Breton, Nova Scotia, Canada. Attractions in and around Deer Lake, NL: Roy Whalen Regional Heritage Society & Archives - Deer Lake Municipal Park - Barachois Pond Provincial Park - Humber Valley Agricultural, Home & Handicraft Exhibition - Newfoundland Insectarium - Humber River Golf Club - X-treme Back Country Adventures - Onward Tours - Upper Humber Tours - Newfoundland Outback On Horseback.	3.0	4.9
158.0	254.3	Exit #15	Town of Deer Lake, NL.	1.9	3.0
159.3	256.3	Visitor Information	East side of highway	0.6	1.0
159.9	257.3	Junction of Highway #430 (The Viking Trail)	West to community of Rocky Harbour, NI. Gros Morne National Park, NL. Campgrounds. Gros Morne National Park, NL, offers camping opportunities at five different locations within the park. The campgrounds provide various levels of services and each offers its own unique camping experiences and opportunities. None of our campgrounds offer serviced sites. NOTE: For highway travel and Highway photos west via Highway #430, See - Milebymile.com Road Map Highway Travel Guide Deer Lake to Rocky Harbour, NL and Gros Morne National Park for driving directions and highway photos.	0.0	0.0
159.9	257.3	Junction of Highway #430 (The Viking Trail)	The Viking Trail begins at the town of Deer Lake, NL; located along the Trans Canada Highway (route 1). As you head north on the Viking Trail towards St. Anthony, NL; you will pass through Gros Morne National Park, NL. Continuing north towards St. Anthony, NL; you pass by Port Saunders, NL. Here you can take a short 15 km detour towards Port au Choix National Historic Site. From Port Saunders, NL; continue on the Viking Trail to the junction with route 436, about 20 km before St. Anthony, NL. Follow route 436 for 30 km to L'Anse aux Meadows National Historic Site, NL. At the tip of the Great Northern Peninsula of the island of Newfoundland, the remains of an 11th-century Viking settlement are evidence of the first European presence in North America. The excavated remains of wood-framed peat-turf buildings are similar to those found in Norse Greenland and Iceland. Start / Finish of Highway Travel Guide - For continuance of this highway see milebymile.com Section #2 - Deer Lake to Grand Falls- Windsor.	0.0	0.0