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Road Map Travel Guide

Alberta Highway #1A "Bow Valley Trail - Cochrane Alberta To Canmore Alberta"

MILE	KM	ITEM	SUMMARY	MILE	KM
0.0	0.0	Junction of Highway #22 'The Cowboy Trail'	Note: For Highway Travel North, via Alberta Highway #22 'The Cowboy Trail' - See Milebymile.com Road Map Highway Travel Guide - Highway #16 'The Yellow Head Route' to the town of Cochrane Alberta and south via #22 to 'The Trans Canada Highway'	44.4	71.5
0.0	0.0	Junction of Highway #22 - The Cowboy Trail	Access to the town of Cochrane Alberta. Cochrane was established in 1881 as the Cochrane Ranche by Senator Matthew Henry Cochrane. Cochrane, Alberta, is situated at the base of Big Hill in the Bow River Valley. It sits at an elevation of 1,186 meters (3,891 ft). Cochrane has a reputation for its western culture. - Attractions in Cochrane, Alberta - Cochrane Ranche Historic Site - Bert Sheppard Stockmen's Foundation Library And Archives. - Annual Events - Chamber of Commerce Trade Fair - Early May - Dominion Day Tea - Canada Day (July 1st) Labour Day Rodeo & Parade - Labour Day weekend -Terry Fox Run - September - Christmas Lightup	44.4	71.5
1.3	2.1	Horse Creek Road	North side of highway	43.1	69.4
2.1	3.3	Photo View from highway	Driving west on the Bow Valley Trail.	42.4	68.2
3.4	5.5	Photo View from highway	Driving west on the Bow Valley Trail.	41.0	66.0
4.2	6.7	Grand Valley Road	Access to RV Park, north side of highway	40.3	64.8
6.9	11.1	Point of Intrest	Roadside highway turnout, with historical marker. No services, South side of highway	37.5	60.4
7.7	12.4	Access to Wildcat Hills Gas Plant	South side of highway.	36.7	59.1
8.1	13.0	Junction of Alberta Highway #40	North to community of Walparous, Alberta, Nordegg, Alberta. Nordegg, was initially founded as a coal mining town in the early 1900s and is named after Martin Nordegg. - Attractions: Most of the surface coal processing operation is still standing. In 1993 it was declared a Pronvincial Historic Resource, and in 2002 a National Historic Site. The original Nordegg town site is open to the public. At the mine site, visitors may experience a guided tour of the coal handling, processing and support facilities during the summer tourist season. Access to White Water Rafting.	36.4	58.5
9.7	15.6	Photo View from highway	Driving west on the Bow Valley Trail.	34.7	55.9
9.9	16.0	Range Road #60	South side of highway.	34.5	55.5
10.8	17.4	Roadside highway turnout Rest Area with view point	South side of highway - Access to Ghost Lake Reservoir, Alberta. Facilities: Public Pay Telephone, Pit Toilets, water, boat launching site, benches, garbage containers. Ghost Lake Reservoir, Alberta lies in the foothills of the Alberta, Rocky Mountains at an elevation of 1,188 m (3,898 ft) and is lined on the north shore by Highway 1A. Trans-Canada Highway passes a short distance to the south. It was formed in 1929 with the completion of the Ghost Dam.The lake and dam are primary used for power generation. Fishing: The reservoir offers Lake Trout, Brown Trout, Cutthroat Trout and Whitefish. The location brings consistent, strong winds, which make the lake suitable for Sailing and Iceboating.	33.6	54.1
10.8	17.4	Photo View taken from Turnout	Looking east at the Ghost Lake Reservoir, Alberta, dam.	33.6	54.1
10.8	17.4	Photo View taken from Turnout	Looking east at the Ghost Lake Reservoir, Alberta, and the Rocky Mountains.	33.6	54.1
12.2	19.7	Access to Stoney Medicine Lodge	North side of Highway	32.2	51.8
13.3	21.4	Jamison Road	North side of highway	31.1	50.1
14.0	22.5	Photo View from highway	Driving west on the Bow Valley Trail, Alberta.	30.4	49.0
15.0	24.2	Photo View from highway	Driving west on the Bow Valley Trail, Alberta.	29.4	47.3
15.2	24.5	Photo view from highway	Driving west on the Bow Valley Trail, Highway #1a, Alberta.	29.2	47.0
16.3	26.3	Photo View from highway	Driving west on the Bow Valley Trail, Highway #1a, Alberta.	28.1	45.2
16.7	26.8	Roadside highway turnout	Southside of Highway	27.8	44.7
17.6	28.4	Access to the Trans Canada Highway #1	3 kms south of highway.	26.8	43.1
18.6	29.9	Photo view from highway	Driving west on the Bow Valley Trail, Highway #1a, Alberta. Looking at the Bow River, Alberta.	25.9	41.6
19.0	30.5	Photo View from highway	Driving west on the Bow Valley Trail, Highway #1a, Alberta. Looking at the Bow River, Alberta.	25.5	41.0

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20.4	32.8	Access to Chief Good Stoney Rodeo Center	South side of highway.	24.0	38.7
20.9	33.6	Photo View from highway	Driving west on the Bow Valley Trail, Highway #1a, Alberta. Looking at the Bow River, Alberta.	23.6	37.9
22.2	35.7	Photo View from highway	Driving west on the Bow Valley Trail, Highway #1a, Alberta. Looking at the Bow River, Alberta.	22.2	35.8
24.2	39.0	Photo view from highway	Driving west on the Bow Valley Trail, Highway #1a, Alberta. Looking at the Bow River, Alberta.	20.2	32.5
25.2	40.6	Access to Stoney Indian Park Buffalo Paddock	South side of highway.	19.2	30.9
27.6	44.4	Access to Makoda Lodge	South side of highway.	16.8	27.1
29.5	47.5	Access to Yamnuska Hiking Trail, Alberta	North side of highway The Yamnuska This trail takes you to a viewpoint on the open ridge east of Mt. John Laurie, more usually known as Yamnuska, meaning Wall of Stone.	14.9	24.0
30.8	49.5	Photo view from highway	Driving west on the Bow Valley Trail, Highway #1a, Alberta.	13.7	22.0
30.8	49.6	Junction of Highway #1x	South side of highway.	13.6	21.9
30.9	49.8	Photo View from highway	Driving west on the Bow Valley Trail, Highway #1a, Alberta.	13.5	21.7
32.9	53.0	Photo view from highway	Driving west on the Bow Valley Trail, Highway #1a, Alberta.	11.5	18.5
34.1	54.8	Photo view from highway	Driving west on the Bow Valley Trail, Highway #1a, Alberta.	10.4	16.7
34.7	55.9	Photo View from highway	Driving west on the Bow Valley Trail, Highway #1a, Alberta.	9.7	15.6
35.2	56.6	Hamlet of Exshaw, Alberta	North side of highway. Elevation: 4261 feet. , Exshaw, Alberta is located on the north side in the eastern portion of the Alberta, Bow River valley. Exshaw, AB, is the largest hamlet in the Municipal District of Bighorn No. 8, which also includes the communities of Harvie Heights,AB, Dead Man's Flats, AB Lac Des Arcs,AB, Seebe,AB.	9.3	14.9
35.5	57.1	Services fuel at highway	North side of highway.	8.9	14.4
35.8	57.6	Access to Lafarge Cement Plant, AB	South side of highway.	8.6	13.9
36.5	58.8	Photo view from highway	Driving west on the Bow Valley Trail, Highway #1a, Alberta.	7.9	12.7
37.6	60.5	Access to Grotto Pond, Alberta	Grotto Pond, is a trout stocked fishing pond.	6.8	11.0
38.8	62.5	Photo View from highway	Driving west on the Bow Valley Trail, Highway #1a, Alberta.	5.6	9.0
39.3	63.2	Access to Gap Lake Picnic Area	Picnic tables	5.2	8.3
40.1	64.5	Photo view from highway	Driving west on the Bow Valley Trail, Highway #1a, Alberta.	4.3	7.0
41.2	66.3	Photo View from highway	Driving west on the Bow Valley Trail, Highway #1a, Alberta.	3.2	5.2
41.9	67.4	Access to Old Camp picnic area	South side of highway. Picnic tables.	2.5	4.1
43.4	69.9	Indian Flats Road	North side of highway	1.0	1.6
43.7	70.4	Access to Elk Run, AB Industrail Park	North side of highway.	0.7	1.1
43.8	70.5	Photo view from highway	Driving west on the Bow Valley Trail, Highway #1a, Alberta. Looking at the city of Canmore Alberta.	0.6	1.0
44.0	70.8	Access road to The Trans Canada Highway	Leaving Highway #1a	0.4	0.7
44.4	71.5	Junction of The Trans Canada Highway	Town of Canmore Alberta. Attractions and Festivals in and around Canmore, AB: Canmore Ice Climbing Festival - Canmore Children's Festival - Artspeak Arts Festival - Canmore International Jazz Festival - 24Hours of Adrenaline - Canmore Folk Festival - Mozart on the Mountain - Canmore, AB Highland Games - Festival of Eagles - Vic Lewis International Band Festival - New Year's Eve Party on the Pond.	0.0	0.0
44.4	71.5	Junction of The Trans Canada Highway	Start / Finish of Road Map Highway Travel Guide. NOTE: For Highway Travel east or west - See Milebymile.com Road Map Highway Travel Guide - City of Calgary to Saskatchewan Border for Driving directions and highway photos	0.0	0.0