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## Road Map Travel Guide

### Alberta Highway #1 "Trans Canada Highway"

MILE	KM	ITEM	SUMMARY	MILE	KM
0.0	0.0	Alberta and British Columbia Border	Banff National Park Alberta Boundry, YoHo National Park, Alberta Boundry	118.1	190.0
0.0	0.0	Photo - Alberta highway welcome sign	Welcome to Alberta. 'Wild Rose Country'	118.1	190.0
1.1	1.8	Highway pullout		116.9	188.2
1.7	2.8	View from highway - Photo submitted by Dave Ellacott	Driving east	116.3	187.2
2.0	3.2	View from highway - Photo submitted by Dave Ellacott	Driving east.	116.1	186.8
2.4	3.8	View from highway - Photo submitted by Dave Ellacott	Driving east on the Trans Canada Highway.	115.7	186.2
2.5	4.1	View from highway - Photo submitted by Dave Ellacott	Roadside highway Rest Area: Alberta / British Columbia, Visitor information Center. This is a large information centre with washrooms and more. South side of highway. Access to the Community of Field, B.C. Services, fuel south side of highway Jan 2006. Field, was established during the building of the Canadian Pacific Railway as a locomotive depot for pusher engines required to help trains over the nearby Field Hill and Big Hill. Attractions in and around Field: Takakkaw Falls - Burgess shale - Natural Bridge - Kicking Horse River - Spiral Tunnels.	115.5	185.9
3.7	6.0	Junction of Alberta highway # 93	Exit to Jasper National Park, Alberta, The Alberta Icefields Parkway, #11 David Thompson Highway, Alberta to Red Deer. Alberta. For travel north via Alberta Highway # 93 see Milebymile.com Alberta Highway # 93 - Icefields Parkway, Road Map Highway Guide - Lake Louise Alberta to Jasper National Park Alberta, for driving directions. NOTE: Highway # 93 Overlaps The Trans Canada Highway #1 at this point.	114.3	184.0
4.9	7.9	Junction of entrance to Town of Lake Louise, Alberta	Tourist Information, All services, Pipestone Hiking Trails. Access to Lake Louise, Alberta, Ski Resorts, Attractions in and around Lake Louise Alberta: Sightseeing Gondla - Cross country skiing in the winter and hiking in the summer - Airplane Tours - Dogsledding - Heli tours/Sightseeing - Sleigh Riding - Snowmobiling.	113.2	182.1
8.7	14.0	Louise Alberta Overflow National Park Campground	Camping	109.4	176.0
9.9	16.0	Highway Pullout	For R V's with approach Road	108.1	174.0
20.5	33.0	Junction of Alberta Highway # 93 south	Note over lap of highway # 93 ends at this point and heads west. Exit to Radium Hot Springs, Alberta. The Bow Valley Parkway, Alberta, Castle Mountain, Alberta	97.6	157.0
25.5	41.0		View from highway	92.6	149.0
26.1	42.0	Highway Pullout	East Lane only , no access heading east	92.0	148.0
27.3	44.0			90.7	146.0
27.3	44.0	Highway Pullout	Exit to Redorth Creek, Alberta, hiking trails, Toilets.	90.7	146.0
27.7	44.5	Bridge Crossing - Photo view from highway driving west	Wild animal overhead bridge crossing	90.4	145.5
28.0	45.0	Photo	View from highway	90.1	145.0
31.1	50.0	Photo	View from highway	87.0	140.0
31.7	51.0	Highway Pullout	Exit to Bourteau Lake, Alberta, access to Hiking Trails.	86.4	139.0
33.2	53.4	Bridge Crossing	Wild animal overhead bridge crossing	84.9	136.6
34.1	54.9	Highway exit	Access to Sunshine Village, Alberta Ski Resort Area.	84.0	135.1
36.0	58.0	Junction of Alberta highway#1a	Access to Bow Valley Parkway, Alberta. Fuel, Services, Camping, R.V. Parks	82.0	132.0
38.5	62.0	Highway Pullout	Observation view point	79.5	128.0

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39.5	63.5	Highway Exit	<p>Access to Banff Village, Alberta, Mount Norquay, Alberta, Banff Hot springs, Alberta. Alpenglow Aviation Inc.-                      Alpine Anglers -                      Alpine Helicopters -                      Altitude ATV Tours -</p> <p>Banff Gondola -                      Banff Springs Golf Course -                      Banff Upper Hot Springs -</p> <p>Brewster Lake Louise Stables -                      Brewster's Kananaskis Ranch Golf Resort -                      CMH - Heli-skiing &amp; Heli-hiking -</p> <p>Canadian Rockies Rafting Company -</p> <p>Columbia Icefield Glacier Experience -                      Discover Banff Tours Ltd. -                      Great Divide Nature Interpretation                      Hawgwild Fly Fishing Guides -                      Hydra River Guides -                      Icefield Helicopter Tours Inc. -                      Johnston Canyon Resort -                      Kootenay River Runners -                      Lake Minnewanka Boat Tours -</p> <p>Rocky Mountain Raft Tours -</p> <p>Timberline Tours -                      Upper Bow Fly Fishing Company -                      Warner Guiding &amp; Outfitting - Holiday On Horseback -                      Wet 'N' Wild Adventures Ltd. -</p> <p>Whyte Museum Of The Canadian Rockies -                      Wild Water Adventures -                      Willow Root Nature Tours.</p>	78.6	126.5
40.7	65.5	Park Wardens Office		77.4	124.5
41.3	66.5	Photo	View from highway	76.7	123.5
41.8	67.3	Highway Exit	<p>Access to Minnewanka Lake, Alberta, Tunnell Mountain Campground                      322 serviced camp sites 182 elec. sites                      in Village 11, plus 622 non serviced sites in Village1</p>	76.2	122.7
46.0	74.0	Highway exit	For U Turns	72.1	116.0
47.1	75.8	Rest area	Picnic tables	71.0	114.2
47.5	76.5	Photo - View from highway	Driving west.	70.5	113.5
50.0	80.5	Banff National Park Alberta, Boundry	East Park Boundry	68.0	109.5
50.3	81.0	Highway Exit	Access to Harvey Hights, Canmore, Alberta,	67.7	109.0
52.1	83.8	Highway Exit	Access to Town of Canmore, Alberta, all services	66.0	106.2
52.1	83.8	Highway Exit	<p>Access To Town of Canmore, Albert. Visitor Information Area                      Bow Valley Trail</p>	66.0	106.2
53.5	86.1	Highway Exit	R.V. Sewage Dump Station exit	64.6	103.9
56.2	90.4	Highway Exit	Access to Bow River Alberta Campgrounds	61.9	99.6
59.4	95.6	Highway exit	<p>Access to Dead Man Flats                      Green Acres Campground &amp; R.V. Park 15 sites                      Three Sisters Campground &amp; R.V. Park 36 Sites</p>	58.7	94.4
59.7	96.0	Bridge Crossing	Crossing Fishing Creek	58.4	94.0
62.1	100.0	Emergency Telephone Call Box	Highway pullout	55.9	90.0

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63.9	102.8	Highway Exit	Access to Exshaw, Alberta, Lac Des Arc, Alberta.	54.2	87.2
66.1	106.3	Access to Cement Plant	Access from highway.	52.0	83.7
69.3	111.5	Highway Exit	Access to highway #1a Bow Valley Provincial Park, Kananaskis District, Stoney Plain First Nations Reserve, Rafter Ranch Resort. Bow Valley Provincial Park Campground. Camping: 169 sites, laundry, tables, firepits, wood, showers. Boating, canoeing, river fishing, playground, horseshoes, hiking trails. 37 sites with water and power hookups.	48.8	78.5
70.5	113.5	Highway Exit	Access to White Water Rafting	47.5	76.5
71.5	115.0	Highway Exit	Junction of Highway# 40 Access to Kananaskis Country Recreation Area Peter Lougheed Provincial Park Campground. South access to Rocky Mountains Forest Reserve Recreation area.	46.6	75.0
74.4	119.7	Highway pullout	Road side pullout	43.7	70.3
78.0	125.6	Photo - View from highway.	Driving west on the Trans Canada Highway.	40.0	64.4
78.9	127.0	Photo	View from highway, driving east.	39.1	63.0
79.9	128.6	Highway Exit		38.2	61.4
79.9	128.6	Highway Exit - Photo view from highway driving west	Access to North Morley Road, Services Kinki Village, Alberta Stoney Rodeo Centre, Alberta	38.2	61.4
83.1	133.7	Highway Exit - Photo view from highway driving west	Access to Bear Hill Road	35.0	56.3
83.1	133.7	Photo	View from highway (driving west)	35.0	56.3
86.1	138.6	Highway Exit	Access to Scott Lake Road, elevation 1410 mts	31.9	51.4
86.1	138.6	Photo	View from highway	31.9	51.4
87.3	140.5	Junction of Highway # 68	Access to Campground	30.8	49.5
89.5	144.0	Highway pull out	Telephone emergency call box	28.6	46.0
90.4	145.4	Highway exit	Government weigh scales, vehicle inspection station, Telephone	27.7	44.6
92.0	148.0	Highway Exit	Access to Heritage Road	26.1	42.0
93.8	151.0	Highway exit	Access to Ridge Road	24.2	39.0
94.8	152.5	Highway exit	Access to Jumping Pond Road	23.3	37.5
97.9	157.5	Highway exit - 'The Cowboy Trail scenic Drive'	Junction of Highway#22 South, to Bragg Creek, Alberta.	20.2	32.5
98.2	158.0	Highway exit and pullout, - 'The Cowboy Trail scenic Drive'	Access to Emergency Call Box. Junction of Highway # 22, north to Town of Cochrane, Alberta. Attractions in Cochrane: Cochrane Ranche - Ferntree Gallery & Framing - Westlands Art Gallery - Studio West Bronze Foundry & Art Gallery - Westlands Art Gallery - Butterfield Acres Children's Farm - Lone Wolf Theatre Company - North access to Rocky Mountain House, Drayton Valley. For travel north via Alberta Highway # 22 see milebymile.com The Cowboy Trail Alberta Road Map Travel Guide Junction of Trans Canada Highway # 1 north to The Yellowhead Route Alberta highway # 16, for driving directions.	19.9	32.0
102.9	165.6	Highway exit	Camping and R V Park	15.2	24.4
103.8	167.0	Highway pullout	Telephone Emergency call box	14.3	23.0
104.7	168.5	Highway exit	Access to Old Banff Coach Road	13.4	21.5
106.8	171.8	Calgary, Alberta City Limits	Attractions in and around Calgary Alberta: Home of The Calgary Stampede, Alberta - Calgary Zoo - Calgary Science Center - Aero Space Museum of Calgary - Calaway Park - Calgary Tower - Canada Olympic Park, Alberta - Fort Calgary - Glenbow Museum - Calgary Heritage Park Historical Village - Calgary Race City Motor Park - Glenbow Museum, Calgary.	11.3	18.2
108.2	174.1	Highway exit	Access to Stoney Trail	9.9	15.9
109.4	176.0	Highway exit	Access to Canadian Olynpic Hall of Fame, Alberta.	8.7	14.0
110.0	177.1	Highway exit	Access to Sarcee Trail, south to Highway # 2 and Highway # 8	8.0	12.9
111.1	178.8	Bridge Crossing	Crossing The Bow River, Alberta.	7.0	11.2
113.1	182.0	Highway Access	To Crowchild Trail, south to Highways # 2 and highway #8	5.0	8.0
113.6	182.8	Highway access	Access to University of Calgary, Mann Stadium	4.5	7.2
113.7	183.0	Highway access	Access to Crowchild Trail north to Highway #1a	4.3	7.0
114.5	184.3	Highway exit	Access to Calgary, Alberta, City Centre(14th Street west) Photo - Looking east at downtown Calgary, Alberta	3.5	5.7
114.9	184.9	Highway Access	To Southern Alberta Institute of Technology College. (S.A.I.T.)	3.2	5.1
116.3	187.2	Highway access	Access to Edmonton Trail	1.7	2.8

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118.1	190.0	Highway exit - Junction of Alberta Highway # 2	Access Deerfoot Trail, Highway #2, North to Airdrie, Alberta, Red Deer, Alberta and Edmonton, Alberta. For travel north, - see Milebymile.com Alberta Highway Travel Guide - City of Edmonton to City of Calgary for driving directions.	0.0	0.0
118.1	190.0	Highway exit - Junction of Alberta Highway # 2	Access Deerfoot Trail, Highway #2, South to communities of Okotoks, Alberta, High River, Alberta, Claresholme, Alberta, Pincher Creek, Alberta, Fort MacLeod, Alberta, Lethbridge, Alberta - For travel south see Milebymile.com Alberta Highway # 2 Alberta Road Map Travel Guide Calgary to Fort MacLeod for driving directions.	0.0	0.0
118.1	190.0	Start finish of Highway Travel Guide - e	East access to Strathmore, Alberta, Brooks, Alberta, Medicine Hat, Alberta. For Travel east on this highway, see Milebymile.com - Alberta Trans Canada Highway # 1 Travel Guide - Calgary to Saskatchewan / Alberta Provincial Border, for driving directions.	0.0	0.0